AFFORDABLE ALL AUSSIE STYLE TO THE STATE OF THE STATE OF



SWEET! LET'S MAKE MACARONS - THEY'RE EASIER THAN YOU THINK!

9 313006 024248

MARCH AU \$4.95

*Conditions apply, see pg110. Excludes NZ residents.

Find a place for everything

The METOD kitchen system is beautiful on the outside, with brains on the inside. Meet MAXIMERA and VARIERA, our clever drawer and storage solutions that put everything in their place, making life in the kitchen a breeze.

MAXIMERA drawers pull out all the way with a feather-light glide, and thanks to a built-in damper they always close softly and effortlessly. You can mix and match thousands of cupboard and drawer combinations, all of which offer you style and function.





VARIERA will turn those chaotic drawers and hard-to-reach corners into things of beauty and efficiency. Keep cooking utensils in top drawers, spices within easy reach of the cooktop and pot lids neatly nestled next to their buddies, to create a workflow that optimises your kitchen space and leaves the stress behind.

Now that there's a place for everything, your kitchen dream can come true. Install it yourself or speak to your local IKEA store to arrange assembly and installation.

Find out more in store or at IKEA.com.au/kitchens





homes+

AFFORDABLE, EASY, DOABLE)



THE STYLISTS

Jules talks beachy, Jane classic and Katherine on country style.

15 TREND ALERT

It's all about the wine cart.

108 COMPETITIONS Amazing **prizes** to be won.

III STOCKISTS Where to **buy** what you love.

112 SUBSCRIBE

Get three issues for only \$6!

114 NEXT MONTH

What's coming up in April.



BARGAIN BUYS

HIGH/LOW

Beautiful items for the home in two different price ranges.

\$100 AND UNDER

Want to freshen up your home without spending a fortune? You're in luck! We've rounded up heaps of affordable finds that are super-stylish, too.

78 BEST BUYS

Make your sleeping space calm and comfortable with our selection for your bedroom: beautiful beds, smart storage, lovely linen and accessories.



30 BEACHY

Jules Hanby saw the potential of a dated but solid apartment and created a bright and breezy bayside home.

40 COUNTRY

Rural charm abounds in Katherine Jamison's home, set on a little farm with plenty of room for her brood to move.

5 CLASSIC

Keen collector, decorator and artist Jane Garrett has created a warm, welcoming and stylish family home.



EASY FOOD

64 JERK CHICKEN

Whip up a spicy rub for this traditional Jamaican dish. cook it on the barbie and serve with a tangy tropical slaw.

66 WEEKDAY COOKING

Keep the family fed and happy with five tasty evening meals - there's a hearty pasta, seafood pizza and more!

68 MAKE A MACARON

We show you the technique to create five delicious variations of these colourful sweet treats, perfect for a special occasion.



BEFORE & AFTER

72 BEDROOM BLISS

Amy and Peter just love their spacious new parents' retreat, which was once a badly designed home office and cramped bedroom.

76 A STYLIST CALLS

When Helen converted her garage into a playroom and homework hub for her three daughters, she got stuck on the decor. Stylist Imogene made nooks for all in a bright new space with \$1000 worth of furniture and homewares.

MY BACKYARD

81 CREATIVE COURTYARD

A dingy outdoor area is now a stunning exterior room for Alissa, ready for entertaining.

84 GARDENADVICE

Garden guru Dale Vine talks taking cuttings, rose care and other autumn tasks

85 GARDEN PLANNER

Find out what to **maintain**, sow and harvest this month.

86 OUTDOOR DIY

Make a herb garden. It's easy!



90 TRAVEL

Discover beautiful Jervis Bay.

92 HEALTH

Keep your teeth tip-top.

94 RENO SOLUTIONS

Cherie Barber gives an old home new **street appeal**.

96 DECOR ADVICE

James Treble talks pantries.

97 HOW TO

Paint white walls by James.

SCOTTY'S DIY

Make Scotty's desk organiser.



IDEAS

HANDY HINTS

Clever household tips for a happy and efficient home.

61 READER HOME OF

THE YEAR Vote for your favourite **homes+** house.

74 RENOVATOR OF

THE YEAR Take a look at the 12 finalists from our reader comp, in six categories.

98 EASY DIY

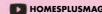
Tools at the ready! We've got seven **great projects** to keep you busy over the weekend.















BEACHY HOME JULES



READER HOMES

It's easy to get carried away when renovating and blow out the budget. There are so many choices and gorgeous options available! But I think you can splash out on a few things that you really love and then save in areas or rooms that aren't so crucial. I adore my living room's custom-made linen drapes but I'm also perfectly happy with the more affordable lkea versions in the bedroom. Mixing luxury and affordability along with gifts and special things you've found along your journey gives a home real character and heart.

CHECK OUT JULES'S PLACE PG30

JULES' PICK

"I have these **Merricks baskets** from Satara in my kitchen at the moment as plant pots, but they get used for just about any purpose in any room!"



COUNTRY HOME



"We've been in our house for about a year and, although we do have a grand plan, for now our changes have just been little things we've done ourselves. I'm a great fan of picking up a hammer or a paintbrush and going for it! The master bedroom was made over in a day with a colour change and new curtains, wall art and linen – it's a completely different room now without any great expense. If I get half a day to myself I love to move things around – it gives the house a fresh boost of energy and the family loves it!

SEE MORE OF KATHERINE'S HOUSE PG40



KATHERINE'S PICK

"Everyone in the family loves this **Stella touch desk lamp** from Target, especially the kids. I should have bought four! It's bit of fun and it will look good in any room, too!"

CLASSIC HOME JANE



Furnishing a home doesn't have to be about a big budget – it's good to mix quality pieces with bargain finds so your home doesn't end up looking too 'matchy'. Anyone can achieve this in their home by displaying different-sized objects that have a meaning together, so each vignette you create has pieces with a common thread or theme. I think combining textures with hard and soft materials is an appealing juxtaposition that works well in our home and space, creating an eclectic and relaxed feel that reflects the way we live.

TAKE A LOOK INSIDE JANE'S HOME PG50



\$89

JANE'S PICK

"I love this **celadon Flourish jar** from Early Settler because it's more of a traditional ginger jar shape and I also like the motif. It's part of my blue and white ceramic collection."



You can afford to create a designer look in any space with our stunning new range of pendant lighting. Set the scene with this combination of contemporary styles and geometric shapes. Check out the full decorative lighting range in-store or search **Bunnings indoor lighting Q**











SHORTCUTS

Grate idea! If your cheese grater is becoming blunt, rub some coarse sandpaper up and down over the holes to sharpen them up. Don't forget to wash the grater after.

ALL OF THE SEGMENTS TO THE CUTLERY BASKET DURING

A CLEANING CYCLE.

Here, we share all the clever tips and tricks to a happier, more efficient home - to make your life easier.

DUST, GONE! Clarity table lamp in Teal, \$29.95, from Freedom. >



mark on the surface of your unit (it usually sends the timber white), the best way to remove cotton tea towel over the water gently iron over the mark. The heat will draw the water out of the timber and the surface will





SPOTUCITY (





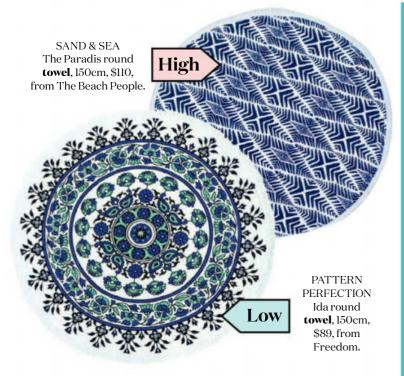






HIGH | LOW

In the market to splurge, or **looking for a steal?**It's your call with these cool homewares.



IN THE ROUND

Colour hit: indigo Round oversized beach towels in deep blue prints are practical as well as perfect for hanging on hooks to display.



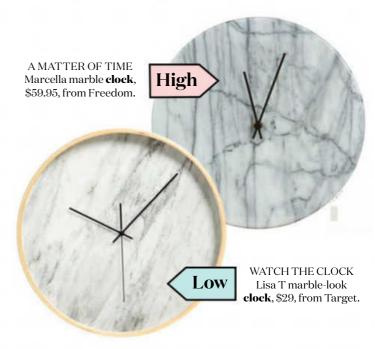
HANDY HAMPERS

Trend: geo prints Refresh the basics in your bedroom with hampers in half-moon prints, finished with leather (or leather-look) handles.



LIGHT FANTASTIC

Try it: bare bulbs Give lampshades the flick in favour of this modern look, featuring marble, metal and an exposed light bulb.



MODERN MARBLE

Decorate: marble Get the marble look at home without a steep investment with marble accessories, like these fab wall clocks. >



BY YOUR SIDE

Accent with: copper-coloured side tables Team one of these metallic beauties with a bed, chair or sofa for an instant hit of glam.



PUMP IT UP

Decorate: luxe Say goodbye to slippery soap bars and clean up your bathroom act with liquid dispensers that have the look of luxury.



KNIT PICKS

Try this texture: knitted Up the snuggle factor with cosy couch accessories in this season's hottest texture.



WIRE WOW

Trend: clean lines Try an understated look with copper wire baskets. Add cloth bag inserts to turn baskets into laundry hampers. **H**•



BUILD YOUR WAY

Achieve that classic weatherboard look with the freedom to paint in your favourite dark tones. Scyon™ Linea won't fade, shrink, crack or swell like timber products can.



Learn more about the Australian way to build and inspire your own style at scyonwalls.com.au











SHELF **\$69.55**



BASIN **\$149**



600MM DOUBLE TOWEL RAIL \$82.38



BASIN MIXER \$179

Create your dream bathroom for a stunning price with **RUMBA**, one of seven unique and affordable styles from Mondella.





Take it outside Try a cart to serve drinks on the deck.

NICE WHEELS Råskog trolley, \$79, from Ikea.



NOT STIRRED Cocktail shaker glass with green dots, \$15, $\bar{\mathrm{from}}$ Wheel & Barrow.

> NICE SHOT! Bar Shooter shot glass, \$11.95 for 6, from Maxwell & Williams.

VE CARTS

James Treble talks us through the look we are loving this month.

THEY SAY EVERYTHING moves in cycles, and trends can be like that! But the big one that is back to stay is the home wine cart. Think Hollywood glamour, drinks out on the verandah, mixing a cocktail - it's about a lifestyle and taking time out to enjoy with family and friends.

There are some great wine carts available in stores so hunt around but if you want that vintage look, then

it's off to the garage sales and second-hand stores, or perhaps Grandma has one in her back room.

It's a great way to display some interesting bottles. Try adding some cocktail umbrellas or fancy straws to give your drinks that special touch. Glass shelves look perfect and are easy to clean, and a second shelf is great for your glasses and, of course, you'll need a cocktail shaker! H+



Classy glass

Show off your special glassware.

EXPERT ADVICE

GRITTY PRETTY

Stylist Jackie Brown teams up with **Super Amart** this month to show us how to style a
spacious warehouse loft with a feminine touch.



METALLIC FINISH

White Knight Metal Guard paint in **Silver**. **PRETTY IN PINK**

Murobond Aqua Satin paint in **Jewel**. SOFT TOUCH

Oulux Wash & Wear low-sheen paint in **English Rose**. SPICE IT UP
Haymes Elite
Interior paint
in Deep Forest

homes + ADVERTORIAL





STYLING TIPS

- Break big spaces up into zones by using rugs to help section off different areas.
- Soften hard edges with sheer and textured fabric choices.
- Functionality is key. Use multipurpose pieces where possible, such as a stool as a side table.

WAREHOUSE STYLING can look cool and inviting all at once when stylist Jackie Brown has her way. Here's how to recreate this charming and restful sleeping space.

STEP ONE Start with a large bed. You want something that will look and feel solid and won't get lost in an open space. The Trillian queen bed fits the bill perfectly - the timber works well with the industrial look, plus there's plenty of built-in storage and shelving underneath.

STEP TWO The feminine part of this style comes in with the bedlinen and soft furnishings. I've gone with

dusty light-pink shades and deeper hues of rose blush and rust. Choose soft fabrics with fine textures; sheer curtains have a softening effect, as do the hide rugs on the concrete floor and the velvet cushions.

STEP THREE Don't shy away from adding in pieces that can provide more room to stow away your bedding, toiletries and clothes. The City2 bookcase has a mix of closed cabinets and open shelves and is an ideal addition for extra storage.

STEP FOUR Accessorise! Pieces with metal finishes, including copper, iron or brass, will work well with this look.

For more information, or to shop online, visit **superamart.com.au**





From entrances to the outdoors, Inspiring Choices 2016 features over 100 pages of the latest flooring trends, as well as decorating advice from your favourite interior writers and stylists - to help you discover, create and live your style.

Collect your ${\bf free}$ copy in-store or order it online at ${\bf choicesflooring.com.au}$





THIS MONTH FAB FINDS FOR THE LIVING ROOM, KITCHEN, BATHROOM & BEDROOM

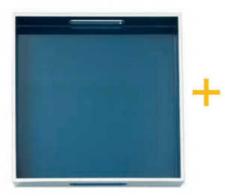
Living



'50s INSPIRED Mid-Century glass **vase** in Blue, from \$39.95, from West Elm.



TILE PRINT Rapee "Vera" **cushion** in Blue (43cm), \$15, from Spotlight.



SERVES YOU RIGHT White Rim lacquer square **tray** in Thai Blue (30cm), \$44, from West Elm.



VERSATILE PIECE Geo multi-use **table** (90cm x 50cm x 40cm), \$40, from Fantastic Furniture.



THINK INSIDE THE BOX Rectangular **storage/gift box** in Copper, \$9.95, from Howards Storage World.



COUNTRY TRADITION Devon **table lamp** in Ebony, \$49.95, from Beacon Lighting.



BOLD AS BRASS Metal **photo frame**, \$14.95, from H&M.



SUBTLE STYLE Amalfi **cushion** in Natural, \$28, from Manchester Warehouse.



UNDER COVER **Cloche** with timber base, \$34.95, from Freedom.

BARGAIN BUYS



NATURAL DESIGN Citta Design "Acacia Oval" **bowl**, \$32, from Proforma.



BLUE LIGHT Onsen **table lamp** in Teal, \$69, from Fantastic Furniture.





KNIT PICK Knitted **cushion** in Metallic (43cm), \$12, from Kmart.



ON A PEDESTAL Kaveen **candle holder**, \$29.95, from Super Amart.





OTTOMAN EMPIRE Casa Uno collapsible storage **ottoman**, \$77.95, from Zizo.



Kitchen



HOT CUPPA Bevande \boldsymbol{mug} in Jaffa Intorno, \$4.95, from The Good Guys.

NICE 'N' TOASTY 4-slice toaster in White, \$39, from Kmart.





VINTAGE VIBES ${\rm lL\,glass}\, \textbf{bottle}\, {\rm in\,Brown},$ \$2, from Kmart.



ON TAP Ikonic pin-lever **sink mixer**, \$89.25, from Bunnings.





Glenn bar stool in White (66cm), \$95, from Ikea.





Bathroom



CLEAN WHITE Mondella Square Vitreous China Rococo **basin**, \$93, from Bunnings.

UPON REFLECTION Double-sided make-up **mirror**, \$45.95, from Howards Storage World.





WHAT'S IN STORE Small water hyacinth **storage basket**, \$8, from Howards Storage World. GOING GREY Home Republic "Flinders" Egyptian **hand towel** in Grey Marle, \$10.75, from Adairs.





BE MY GUEST 2-pack **guest towels** in Light Grey, \$9.95, from H&M. SEE-THROUGH STYLE Claude **vase**, \$49.95, from Freedom.



Bedroom



FRILLY BUSINESS Cha Cha **cushion** in Aqua (45cm), \$29.95, from Super Amart.



HOLD-ALL Round **pot** in Sky (14.5cm x 15cm), \$29, from Zakkia.



RAW FINISH Tadao **wall lamp** in Concrete/Matte White, \$99.95, from Beacon Lighting.



HANDMADE MUG Raw Oversize **mug** in Grey, \$35, from Zakkia.



COUNTRY ELEGANCE Sari small **table lamp** in Antique Silver with White shade, \$99.95, from Beacon Lighting.



RUSTIC STORAGE Walton **basket**, \$49.95, from Freedom.



ON THE SIDE Infinity **bedside table** in White, \$99, from Fantastic Furniture.



SOFT LIGHTING Årstid nickel-plated **wall lamp**, \$24.99, from Ikea.



CLASSIC PRINT L'Avenue Herringbone **cushion** in Natural (43cm), \$19.95, from Harvey Norman.



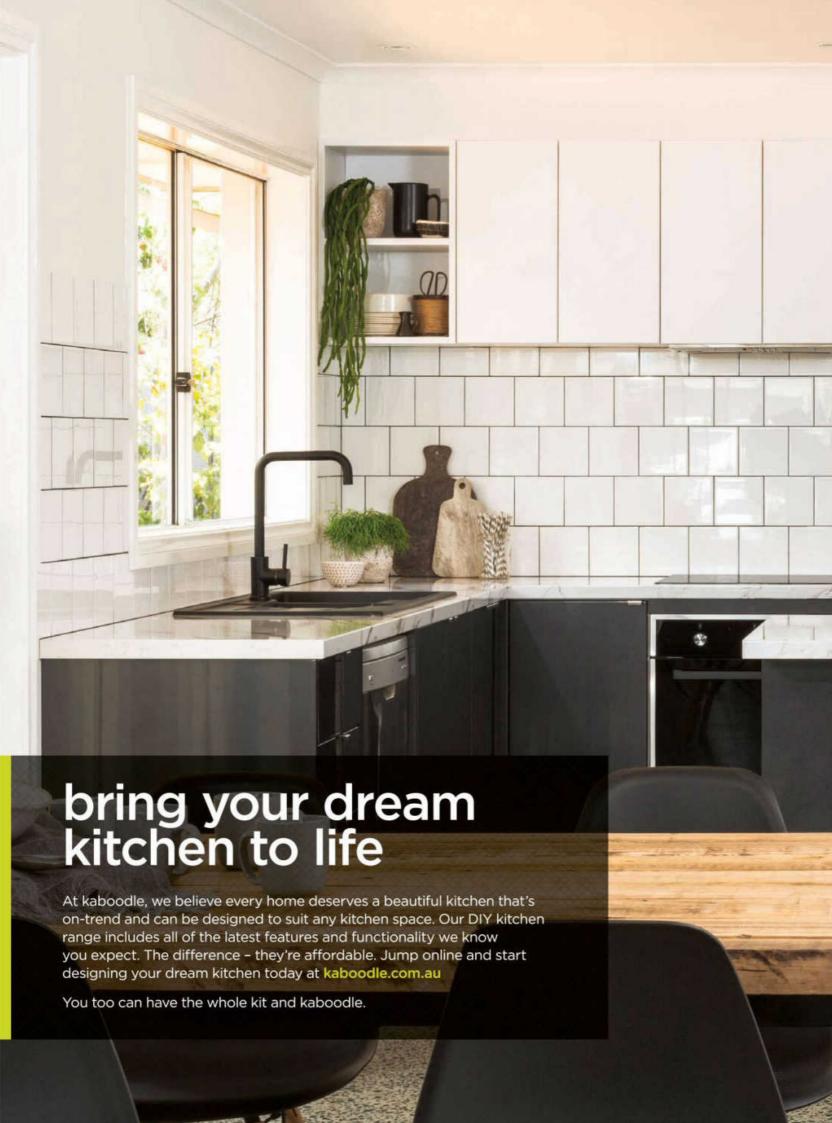






If you can't get enough
#bargainbuys, follow
us on Instagram or
Facebook for our top
weekly picks.











With so many fabulous moulding designs, decorating your kid's room is easy and fun. From bookcases to bed surrounds, picture frames and dolls houses. The possibilities are as endless as your imagination. Take a look at our website to see the hundreds of different moulding options and start creating your magical wonderland.

Available from Bunnings and major timber & hardware outlets.

www.porta.com.au

READERS'

HOMES

REAL PEOPLE, REAL STYLE







THIS MONTH CLASSIC, BEACHY AND COUNTRY









"I CALL MY APARTMENT 'The Loft'. It was built in the Sixties and it's on the highest land in the street – being so light and breezy up here, the name stuck. The decision to buy the unit (a two-bedder in a small block of four) was an easy one – it just ticked every box. I can walk to cafes, restaurants, public transport and the beach – and it has beautiful bay views. Plus it was just as solid as a rock.

Time for change

When I moved in, the apartment still had the original paint and carpets. With the help of generous family and friends, renovations began the week I settled on the property. The old carpet came up, and I replaced it with new wool carpet in the bedrooms and grey paint on the concrete floor in the newly combined kitchen and living area. I used Dulux 'White On White' for the walls throughout. A good friend installed custom linen drapes in the living room, while my mum altered ready-made lkea curtains for a similar look in the bedrooms at a fraction of the price. What I saved on the kitchen renovation with Ikea cabinetry, I spent on sage-green Italian glass mosaic tiles that I just had to have!



A touch of luxury

There are custom linen drapes in the living area but Jules saved with Ikea ones in the bedrooms.



A touch of luxury

The natural woven-ball pendant lights were a bargain buy from Bunnings. Grouped in a line of three, they form a beautiful visual barrier that defines the kitchen from the living area.



MEET JULES

About me I'm Jules and this is my apartment in the bayside suburb of Mordialloc in Melbourne.

Top tip Keep your clutter to a minimum, if it's not special to you in some way, get rid of it!

step-by-step make it!

NATURAL MOTIF ART

Make an artwork similar to Jules's DIY masterpiece in the living room.

You will need Stretched canvas or plywood offcut; pencil; 3 sample pots of paint; paintbrushes; vine motif template (do a web search); picture hanging kit.

STEP ONE Draw a line a quarter of the way in on one side of the canvas. Fill in with first colour. STEP TWO Cut out vine motif, place along painted box. Trace around shape, continuing until design goes along one side. Paint in with a second colour. STEP THREE Lay template along bottom of canvas and trace design to the edge. Continue upwards until the rest of the canvas is filled. Paint in with third colour. Then use picture hanging kit to hang your finished work!







Concrete jungle

A stylish concrete pot adds life and an industrial vibe to the kitchen.

Favourite things

Almost every item in my home has a story behind it – of travel, or friends, or a chance find. My family calls me a bower bird as I just love a good op-shop find or hard rubbish collection. I like clustering together favourite pieces to create beautiful vignettes; it adds depth and warmth, creating the most beautiful feeling to live within.

The master bedroom is my favourite room. I recently moved the bed to face the water views – I love stretching the curtains aside in the morning, grabbing a cuppa and easing myself into the day with a gorgeous view of the pier.



Perfectly paired

A colourful vignette grouping on the kitchen bench is both pretty and practical.

Small packages

Despite its modest size, my place is great for entertaining. It's amazing just how many friends I can fit into my cosy living area. I just love cooking up a storm for everyone – the white stone bench in the kitchen doubles as the best dining table! Being a small space with no pets means that it really doesn't take that long to clean, so there's lots of time for relaxing. This is a space I love being in but I equally love the fact that on the weekend I can just pull the door shut behind me and head off for a few days, and not worry about a thing."







WHITE

Dulux Wash & Wear 101 Barrier Technology in **White On White**, \$71.90 for 4L.

GREEN

Porter's Paints Low Sheen acrylic in **Agave**, \$97 for 4L.

TAUPE

Taubmans Endure Accent low sheen in **Silver Bullet**, \$83.95 for 4L.











ONE One of the biggest interior impacts you can make is to remove the wall between your kitchen and dining/living area. It won't cost as much money as you think and is so worth it.

TWO I love creating vignettes and clustering beautiful pieces together – such as vases, jugs, bowls, etc – on a tray.

THREE Create your own artworks to suit your colour palette.

Take a painting class if you're not confident.

FOUR If you live in a small space, always think of storage!

My bedside tables are actually wicker storage hampers.

FIVE Rearrange your furniture to make the most of a view.





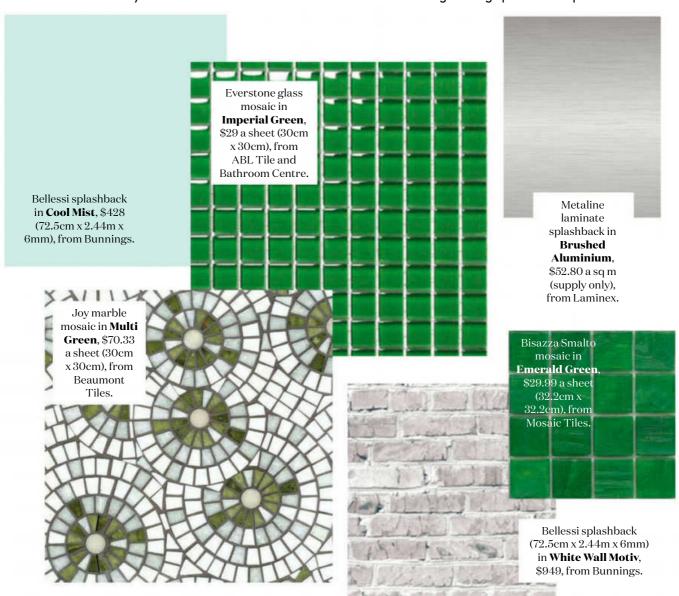




"I just had to have the gorgeous Italian mosaic tiles!"

SPLASHBACKS

Make a stylish statement in the kitchen with these attention-grabbing splashback options.



SHOP LIKE YOU HAVE A

BEACHY H()USE

BLUE LAGOON Dulux Wash & Wear **paint** in Water Raceway, \$85.90 for 4L.

COLOUR POP

Zola large

planter in Teal,

\$39<mark>.95</mark>, from

Freedom.

Natural materials, watery blue accents and a stripe or two - here's how to get a beachy look.

> COOL CANE Dover Mason "Parnell" outdoor chair in White, \$249.95, from Zanui.



GREEN PIECE Shada ceramic stool in Green, \$169.95, from Zanui.



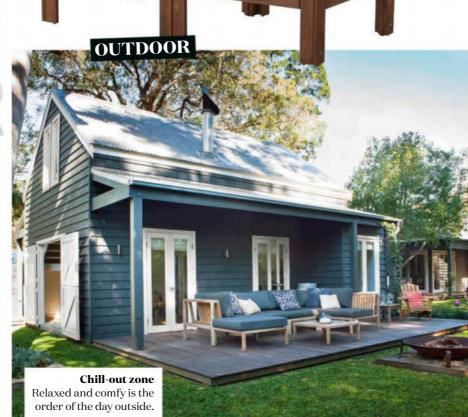
SIMPLE ACCENT Limhall **frame** in White, \$1.99, from Ikea. **OUTDOOR LIVING** \$380 from Ikea.

Äpplarö/Kungsö 2-seat outdoor sofa in Brown Stained/White,

WATER HUES

Denim Deconstructed

outdoor cushion, \$49.95, from Zanui.

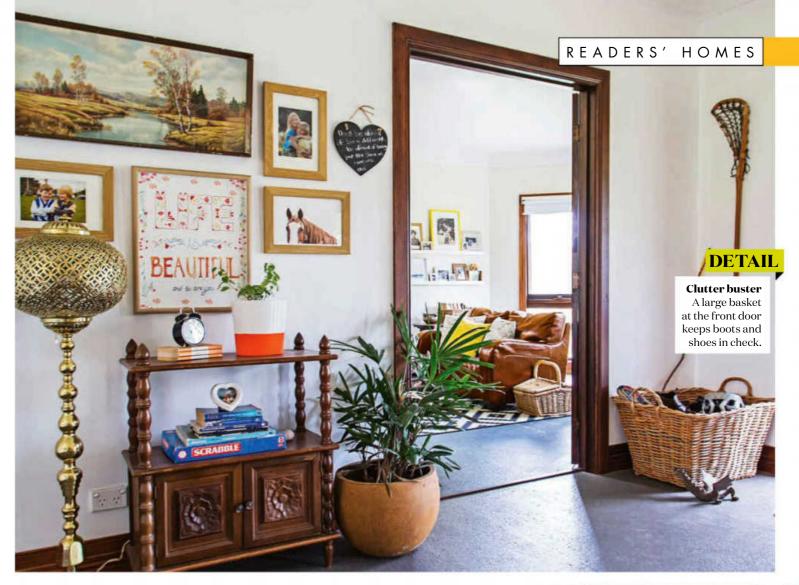












"I GREW UP ON a working sheep farm, so I never really felt settled living on a 'normal'-sized block. Even on half an acre of lovely gardens and gum trees surrounded by rolling hills and wineries, I still felt boxed in. My city-born husband has come around to my love of horses and riding, and 12 months ago the timing was right for our family to find a little farm to call home.

THE FAMILY WAY

We didn't have to move far, which was great – it meant the kids didn't need to

change schools, and Cam's drive to work is a little shorter. The house itself is great for now – it isn't huge, but it has a good floorplan that brings us all together in a central, open-plan kitchen-dining area. With four bedrooms, the kids no longer share – they're next door to each other, which they love. They have pretty much free rein over how they want their rooms to look – I love kids rooms that look like kids rooms.

Nothing is too precious in our home and that's the way we like it. >

MEET KATHERINE

About me I'm a photographer. I live here on the Mornington Peninsula with my husband Cam, our daughter Evie, 10, and son Fergus, 8, plus two dogs, four horses and Molly the guinea pig.

Best buy Ours are inside dogs so I love low-pile floor rugs from Ikea – they are affordable, replaceable, and vacuum so well!

Top tip Move your things around regularly; it will put a breath of fresh energy through your home.





Heirlooms abound

The large copper pot came from Katherine's parents' farm, and the artwork belonged to Cam's grandmother.





"Twelve months later, it seems cupboards are still not on the urgent list."



We buy things we love, whether they're a perfect match with other furnishings or not. We like to paint a bit of colour here and there, and picture hooks get hammered into the wall wherever they're needed.

ALL IN GOOD TIME

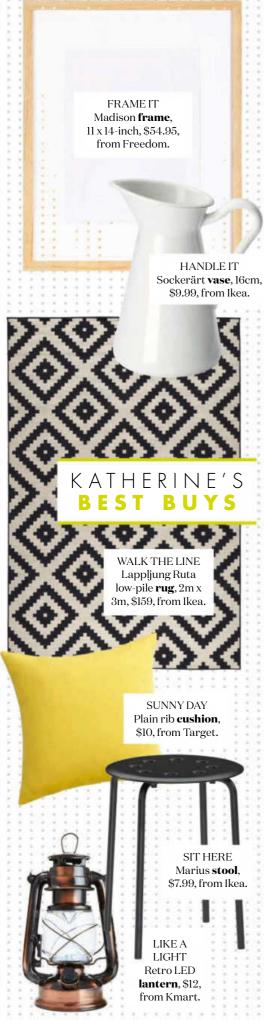
Our kitchen is a funny story: I think the former 'man of the house' was a cabinetmaker – so there are no kitchen cupboards! The real estate agent said to me, 'Well, you'll need to get them done right away.' Twelve months later, it seems cupboards are still not on the urgent list.

The other 'must do' was the floors – throughout the house there is only the sub-floor, and no one ever put anything on it except a few coats of floor paint. This actually works well for us – with riding boots and dogs, we're not a white-carpet kind of family! Having said that, carpeting the bedrooms will happen soon for a bit of warmth underfoot in winter. Until then, Ikea rugs do a great job. >











FORWARD PLANS

We may not have moved far to our new home, but the change to our lifestyle has been huge. The horses are outside the back door, we now have endless space for the kids to play and work on the vegetable garden, and backyard footy is a daily occurrence.

Our long-term plans include pushing out the wall between the dining/living room and verandah, adding bigger windows and doors out to a deck, plus similar plans to grow the master bedroom. We also want to render away the bricks. But it's outside that will get the attention first. Already Fergus and Cam have built a great fort that looks down the driveway, and with the whole family riding, a horse arena is an eventual must – more than kitchen cupboards, it seems!"







BLUE

Dulux Wash & Wear in **Ashen Wind**, \$85.90 for 4L.

GREY

Taubmans Endure Accent low-sheen in **Grey Heron**, \$83.95 for 4L.

PINK

Dulux Wash & Wear in **Tea Party**, \$85.90 for 4L.





"We've finished the garden design but our vegie patch will always be a work in progress."



DIY CHALKBOARDS

You'll need: Pencil; plywood; jigsaw; sandpaper; chalkboard paint; rope; electric drill

STEP ONE Trace a shape, such as a heart or ice-cream cone, onto a piece of plywood.

STEP TWO Cut out the shape using a jigsaw. Sand the edges to smooth any rough edges.

STEP THREE Paint one side of the plywood with chalkboard paint and allow to dry completely.

STEP FOUR Choose a length of rope. Select a drill bit the same width as the rope, and drill two holes in the top of the chalkboard.

<u>STEP FIVE</u> Thread ends of rope through holes and tie knots to secure. Hang on the wall.







"My rugs are low-pile and affordable, perfect for kids and dogs!"

TRY PATTERNED RUGS

Update a room, change the look completely or replace when it's worn: rugs are great for family homes.



COTTON ON Dash & Albert "Swedish Stripe" **rug** (60cm x 91cm), \$80, from Life Interiors.

GEO SHAPES Char Modern rug (I.lm x 1.6m), \$79.95, from Zanui.

STRIPE STYLE

Laid-back or luxe – stripes work well in most spaces. Bold, wide stripes can look quite polished, while a ticking print is more rustic.

COOL PRINT

Striking geometrics and strong prints need to be tempered with solid neutral colours, unless you're going for a mixed-print look.



SUBTIF PATTERN

Knotted rugs, especially ones with a small stripe or chevron pattern, will add texture and depth to a space, compared to a solid-coloured rug.



DARE TO BE DIFFERENT

Try it There's no need to worry about symmetry or exact measurements with this idea. Choose a variety of frames and images, including artworks and family photographs. Little extras, like ceramic knick-knacks, look great when hung in a collection of frames.



DO IT: FRAME CLUSTERS

Out of frame Try hanging an empty ornate frame on a feature wall.

Guaranteed to garner a mention from your guests, groups of **frames** on walls or shelves show off your personality and style.

PHOTO WALLS LOOK AMAZING and there are shortcuts to creating this look at home - layering different frames on a picture ledge or table takes the hard work out of measuring and hanging groups of frames on a wall. But if that's the look you like, there are a few tricks to getting it right. Before adding hooks to the wall, use artist's tape and pieces

of paper the sizes of your frames to map out where each one will go. It's easier to remove these than it is to patch nail holes! Start with the largest frame in the centre and work outwards (this allows you to add to the wall over time, too). Aim for even spaces between frames, and don't forget the spirit level! H+

Back to basics Black and white images and frames look good in a group.

ON THE SAME PAGE

Try it Unify a collection of photographs by mounting them in matching frames. Choose a frame that's understated and neutral, such as white or wood, to let the images shine. If the pictures are different sizes, use white mats inside the frames.



Simple things

Katherine's chosen to display her own photographs above the master bed, in timber frames with white mats.



"I love wall galleries. You can be as formal or informal as you like, just keep the spaces between frames nice and even. Add little treasures and you'll have a lovely wall." - Katherine Jamison (see pg 40)





Shelf life

Family photos in frames of different sizes and styles are stacked on picture ledges in Katherine's living room.

THE LAYERED LOOK

Try it Try layering large to small frames on picture ledges on the wall above a hall







MEET JANE

About me My name is Jane Garrett and I'm a graphic designer. I live with my partner Peter and my teenage children Phoebe and Gil on the Upper North Shore of Sydney.



in 2006. It was built in 1919 and we thought it was a bit unusual and that there was something special about it – we also loved the leafiness and

"WE PURCHASED OUR HOME back

peace of the neighbourhood it was in. It's a bit Arts and Crafts and a bit bungalow in style and although I feel as though it's still a work in progress, we have managed to install water tanks and have also built a small studio space out the back over a patch of garden. I would love to paint the whole inside of the house at some point, but I have done lots of decorating and put in some nice touches, such as curtains, some of which I made myself.

PRETTY THINGS

I'm the main decorator in the house – I'd say my style could be described as 'East meets West'. I'm always changing things around and moving things about as I'm often inspired by my travels, nature and work as a graphic designer. I love Asian pieces, such as dark-wood furniture and richly coloured rugs, mixed with modern/contemporary art. I also enjoy creating unique items, such as the upholstered chairs in our living room. They were left to me by my lovely great aunt Sylvia. I covered



"I love finding a good bargain online – my favourite things to buy are chairs and ceramics, especially teapots and teacups."











Timber treatThe table and chairs Jane bought from
Freedom over a decade ago have held up well.



Most of Jane's blue and white ceramics were from Alfresco Emporium and Early Settler.

them with fabric I sourced on eBay, added pompoms from Spotlight and cushions and brought them into the 21st century while maintaining their old-world charm.

The room I love most in the house is the living room – the two high-backed bamboo chairs from Freedom create an amazing atmosphere; in winter I can sit by the fire, and in summer the space has great light. The pink accents in the room are a nice contrast to all of the dark timber, plants, stained bamboo furniture and marble. I feel like the room has a Singapore-cum-French-Colonial feel.

When we are lucky enough to travel, we always return with items that reflect a time, place or memory from a trip. These memories are often displayed as what I call 'frozen moments' – that is, vignettes – throughout the house.



PINK

Taubmans Endure Accent low-sheen in **Blushing Orient**, \$83.95 for 4L.

BEIGE

Dulux Wash & Wear in **Beige Royal**, \$85.90 for 4L.

BLACK

Porter's Paints Aqua Gloss Enamel in **Van Helsing**, \$99.25 for 4L.



step-by-step make it!

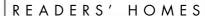
3D ARTWORK TRIO

You will need Printed paper; scissors; 3 floral or butterfly templates; glue; 3 box frames with mounting card; plain card.

STEP ONE Pop each template on printed paper. Trace and then cut out with scissors.

STEP TWO Fold butterfly wings or flower petals up so each printed motif is no longer flat.

STEP THREE Cut plain card to fit in frames. Apply a small amount of glue to the centre of each motif and place one in the middle of each card before placing in frame with mount.



BUGGIN' OUT Charaxes smaragdalis Matt single **framed butterfly**, \$60, from Bits & Bugs.



TEST IT Test tube vase, \$5, from Kmart.

JANE'S BEST BUYS









"PINK ACCENTS ADD A NICE CONTRAST TO DARK COLOURS AND TIMBERS."

HITS OF PINK

From hot pink to fuchsia, a few hits of these bright shades will bring fun and excitement to any space.





Sweet additionsA cute bunting and wicker furniture makes Jane's studio a nice place to be.



DIY floorsJane painted stripes on the floor with black and white house paint – cool!

They help to add a personal touch to our home that really makes it feel like our space.

LIVING EASY

Having the studio means I have a dedicated space to do my design work and painting, and it also lets me escape to a peaceful and quiet zone separate from the rest of the house.

Even though the house is spread out across one level, it flows well and has a clever floorplan that does provide enough privacy for everyone. The family can all still feel like we're together in the house so it's just the right size for us!

There are always lots of teenage friends of our children visiting and I love that about this house – it is welcoming, warm and lived-in. We also get to entertain throughout the year, whether it's inside by the fire in winter, or outside under the pine tree in summer. Ultimately, I'd describe our home as eclectic and relaxed – it reflects the way we live and entertain."



For an arty display, prop pictures against the wall behind a random assortment of coloured vessels.

DO IT: VIGNETTES

Add interest to your interiors by **creating vignettes** of trinkets, photos, books, art and decorative items.

THE WALLS ARE PAINTED, the furniture is placed, the rugs are laid and the cushions have been fluffed. Now it's time to fill the space with some life and personality. Vignettes are little groupings of items that make a room look fuller, interesting and lived-in. Here are the three most common ways of creating displays worthy of being on a magazine page.





CREATE YOUR OWN **VIGNETTE**

STEP 1 THINK OF SHAPES A triangle shape is probably best to keep in mind when styling a vignette – that tall point with a gradual scalingdown to something small. Start with the tallest item in the middle then layer to the sides and front with items shorter than the previous one.

STEP 2 MAKE IT 3D You want to create volume as well as height and shape. You could achieve this by using a tall element like a vase or a candle holder, a small pile of books, then something smaller like a little dish or pile of coasters.

STEP 3 ADD TEXTURE & CONTRAST

To take your vignette one step further, choose items with contrasts and similarities. For example, a mix of old and new books with a shiny-glazed turquoise vase and a small navy bowl with a matt finish have various textures but are tied together with similar colours. Pop a shell or candle on the books and you add an extra element that might just be the finishing touch you're after. Just keep arranging, adding and taking away until you are happy with the look of your arrangement.



Inspired by

Focal point

The mirror in Jane's kitchen is the main feature in this collection of treasures, with plants and flowers adding a fresh touch.

ARRANGING VIGNETTES

Those little collections of decorative items and seemingly insignificant things sitting on bookshelves, sideboards and tabletops are called vignettes. Simple to create, these sweet displays create a focal point and add warmth to a room. To make them successful, you will need multiple items – odd numbers are best – as well as different sizes and textures. Then have fun arranging your vignettes – and rearranging them as you collect new treasures to show off, or as the seasons change.



Inspired by

"Choose items with similarities and contrasts. Mix old and new and tie together with colour."







BIRD DETAIL Aurelia glass **container**, \$29, from Early Settler.











A. Sculpt Pendants in concrete with ash wood detailing. From left to right: Small Carve \$129, Drop, Large Carve and Round \$169ea. **B. Airfusion Airlie** 122cm 4 blade fan in white \$139. **C. Misty** Pendants in copper. Large \$299, Small \$149. **D. Liam** (top left) Table lamp with ash wood base and clear glass shade \$169. **Edison** Table lamps in ash wood. Cone (top right), Rectangle (bottom left) and Cylinder (bottom right), \$8996 ea. Karbon decorative filament globes from \$1596 sold separately.

Call 1300 BEACON for a store near you shop online **beaconlighting.com.au**













homes+

READER HOME OF THE YEAR

Calling all readers: we want to give you a chance to pick your favourite Aussie home!

HOW IT WORKS

Keep track of the houses you love throughout for this stamp

homes. Look out for the next homes in our April issue!

look out in the mag



FEBRUARY READER HOMES SCORESHEET

READER HOME	OVERALL DECOR	OUTDOOR LIVING	KITCHEN & BATHROOM	HOW IT FUNCTIONS	FAMILY- FRIENDLY	TOTAL
JULES HANBY	/10	/10	/10	/10	/10	/50
KATHERINE JAMISON						
	/10	/10	/10	/10	/10	/50
JANE GARRETT						
	/10	/10	/10	/10	/10	/50



7.30 FRIDAY ten



tenplay.com.au

FODD

DELICIOUS DISHES FOR AUTUMN)



BEST DINNERS

Jerk chicken, sausages, pasta and more!





THIS MONTH MACARON MASTERCLASS, JAMAICAN CHICKEN AND WEEKDAY MEALS

FLIVINGROOM

AS SEEN ON

FRIDAY NIGHT FUN... JERK CHICKEN

The Living Room's Miguel Maestre whips up a **traditional Jamaican dish** with help from chef Damion Brown. Fire up the barbecue!



JERK CHICKEN

SERVES 4 PREP 10 MINUTES + MARINATING COOK 10 MINUTES

\$2.85 PER SERVE

- **+ 2kg chicken wings**JERK MARINADE
- + 1 bunch green onions (shallots), chopped
- + 8 birdseye chillies, chopped
- + 6 garlic cloves, chopped
- + ½ bunch thyme, chopped
- + 2 tablespoons chopped ginger
- + 1/4 cup ground allspice
- + 2 tablespoons salt
- + 2 teaspoons ground black pepper
- + 1 teaspoon ground cloves
- + 2 tablespoons vegetable oil
- + 100ml dark rum (optional)

<u>STEP 1</u> To make the jerk marinade, place all ingredients in a food processor and process to a smooth paste.

STEP 2 Combine chicken wings and marinade in a large bowl. Massage marinade into chicken. Place in fridge to marinate for as long as time allows.

STEP 3 Preheat a barbecue over high heat. Place wings onto grill and cook, turning

Place wings onto grill and cook, turning occasionally, for 8-10 minutes or until lightly charred and cooked through. Rest for 5 minutes. Serve with slaw.



brown sugar, onion.
Traditionally jerk seasoning was used with chicken and pork but these days most forms of protein can be jerked.

include, thyme,

cinnamon, nutmeg,

cloves, garlic, ginger,

TROPICAL SLAW

SERVES 4 **PREP** 15 MINUTES

\$1.55 PER SERVE

- + ½ small red cabbage, finely sliced
- + ¼ small green cabbage, finely sliced
- + 1 red onion, finely sliced
- + 1 green capsicum, finely sliced
- + 2 carrots, cut into thin matchsticks
- + 1 ripe mango, thinly sliced
- + 1 tablespoon apple cider vinegar
- + 1 tablespoon aioli
- + Juice of 1 lime
- + 2-3 teaspoons chilli oil
- + Salt and pepper

STEP 1 To make tropical slaw, place vegetables and mango in a large bowl. Squeeze mango seed over vegetables to extract as much juice as possible. Add vinegar, aioli, lime juice and oil. Season. **M+**



FLAVOUR HIT Jerk seasoning or Jamaican jerk is a spicy, dry or slightly moist spice rub applied to meat and allowed to marinate.

BIG SMOKE Jerk is traditionally slow cooked over large fire pits of charcoal. The charcoal helps to add flavour and smokiness to the meat. **WORD UP** The work jerk is said to have come from the Quechan (Peruvian) *charqui*, a form of spiced dried meat, which came to be known in English as jerky.



Easy as! Damion and Miguel spice it up and get blending. *Catch The Living Room*, 7.30pm Friday on TEN.

recipes+
magazine editor
Amanda Lennon
shares her pick of
delicious recipes
for the week

QUICK DINNERS

WEEKDAY COOKING

Serve up **hearty autumn flavours** with these fast
evening meals to please
the whole family.



GNOCCHI WITH SAUSAG<u>E RAGU</u>

SERVES 4 PREP 15 MINUTES COOK 40 MINUTES \$3.40 A SERVE

- + 6 thin Italian pork sausages
- + 2 tablespoons vegetable or olive oil
- + 1 medium brown onion, finely chopped
- + 2 garlic cloves, crushed
- + 2 rindless bacon rashers, chopped
- ¼ cup chopped flat-leaf parsley, plus extra to serve
- + 800g can chopped tomatoes with basil
- + ½ cup white or red wine
- + ½ cup chicken stock
- + 500g packet potato gnocchi
- + 1/3 cup freshly grated parmesan
- + Mixed salad, to serve

STEP 1 Remove casings from sausages; break meat into bite-size pieces.

STEP 2 Heat a large frying pan over moderate heat. Add oil; swirl to coat surface. Add onion and garlic; cook, stirring, for 5 minutes or until onion softens. Increase heat to high. Add sausage meat and bacon. Cook and stir, breaking up sausage meat with the back of a wooden spoon, for 5 minutes or until browned. Add ½ cup parsley, undrained tomatoes, wine and stock. Reduce heat; simmer, uncovered, for 25 minutes or until sauce thickens. STEP 3 Cook gnocchi in a large saucepan of boiling salted water for 3-5 minutes or until gnocchi float to the surface. Drain well. Add gnocchi to sauce; toss. Serve sprinkled with parmesan and extra parsley, and with salad.



CAPSICUM & BACON FLAN

SERVES 4 PREP 10 MINUTES
COOK 35 MINUTES \$3.15 A SERVE

- 1 tablespoon vegetable or olive oil
- + 1 large brown onion, finely chopped
- + 4 rindless bacon rashers, chopped
- + 340g jar roasted capsicum, drained
- + 300ml cream
- + 6 eggs, at room temperature
- + ¼ cup self-raising flour
- 1 cup grated tasty cheese½ cup chopped
- basil

 + Mixed salad,
 to serve

STEP 1 Preheat oven to 180°C/160°C fan-forced. Lightly grease a 24cm (base measurement) ovenproof pie dish. Place on a baking tray.

STEP 2 Heat a large frying pan over high heat. Add oil; swirl to coat surface. Add onion and bacon; cook and stir for 3 minutes or until onion softens. Remove from heat; stir in capsicum. Cool slightly. STEP 3 Whisk cream, eggs, flour, half the cheese and basil in a large bowl until combined. Stir in capsicum mixture. Pour into prepared dish. Sprinkle remaining cheese over top of egg mixture.

STEP 4 Bake for 25-30 minutes or until just set at centre. Remove from oven. Stand in dish for 5 minutes (flan will deflate on standing). Serve with salad.

 Swap the basil for parsley or baby spinach leaves to change the flan's flavour.



TIKKA SEAFOOD (PIZZAS

SERVES 4 PREP 10 MINUTES
COOK 20 MINUTES \$3.50 A SERVE

- + Cooking oil spray
- + 2 tablespoons
 vegetable or
 peanut oil
- + 1 medium brown onion, finely chopped
- + 1 small red capsicum,
- coarsely chopped1 large zucchini,halved
- lengthwise, sliced2 tablespoonstomato paste

- 2 tablespoons bought tikka masala paste
- ½ cup thick natural yoghurt, plus 2 tablespoons extra, to serve
- + ½ cup chopped coriander
- + 300g fresh marinara mix
- + 4 pieces naan bread
- + 200g shredded pizza cheese

STEP 1 Preheat oven to 220°C/200°C fanforced. Spray 2 large baking trays with oil. STEP 2 Heat a large frying pan over high heat. Add oil; swirl to coat. Add onion, capsicum and zucchini; cook and stir for 5 minutes or until vegetables soften. Add tomato paste and tikka paste; cook and stir for 1 minute. Transfer to a large bowl. Stir in ½ cup yoghurt and half of the coriander. Cool for 5 minutes. Stir in marinara mix. STEP 3 Place 2 naan pieces on each baking tray. Spread each with marinara mix; top with cheese. Bake for 10-12 minutes or until cheese is melted and seafood is cooked. Sprinkle with remaining coriander. Serve topped with extra yoghurt.

♣ To save at the checkout, buy fish or prawns when on special instead of marinara mix.



CHICKEN WITH HERB SPAGHETTI

SERVES 4 PREP 10 MINUTES

COOK 15 MINUTES \$3.30 A SERVE

- + 4 single chicken breast fillets
- **+** ⅓ cup vegetable or olive oil
- + 3 teaspoons ground fennel
- + 2 garlic cloves, crushed
- **★** ½ bunch flat-leaf parsley, finely chopped
- + ½ bunch basil, finely chopped

- + 2 tablespoons lemon juice
- + 2 tablespoons capers, rinsed, drained
- 4 anchovy fillets, drained, finely chopped
- + ¼ cup freshly grated parmesan, plus 2 tablespoons extra, to serve
- + 375g spaghetti

STEP 1 Place chicken on a large plate; brush lightly with 1 tablespoon of the oil. Sprinkle with fennel to coat both sides. Combine oil, garlic, parsley, basil, lemon juice, capers, anchovies and ¼ cup parmesan in a medium bowl. Stand for 10 minutes. STEP 2 Meanwhile, cook spaghetti in a large saucepan of boiling salted water for 8-10 minutes or until just tender. Drain spaghetti, reserving ¼ cup of the cooking liquid. Return spaghetti to pan. Add herb mixture and reserved cooking liquid; toss. **STEP 3** Heat a large non-stick frying pan over high heat. Add chicken; cook for 3-4 minutes each side or until cooked. Transfer to a heatproof plate. Cover with foil; rest for 5 minutes. Slice. Serve chicken over spaghetti, sprinkled with parmesan.

 Instead of chicken, you can use fish fillets. Remember to adjust the cooking time.



SAUSAGE KEBABS & POTATO SALAD

SERVES 4 PREP 30 MINUTES

COOK 25 MINUTES \$4.10 PER SERVE

- + 8 thin sausages
- + 2 red onions
- + 1 large red capsicum, cut into 2cm pieces
- + Cooking oil spray
- 700g pink-skinned potatoes, cut into 2cm slices
- + 2 tablespoons red wine vinegar
- + 2 tablespoons olive oil
- + 1½ tablespoons wholegrain mustard
- + 100g chargrilled red capsicum, coarsely chopped
- ½ cup coarsely chopped stuffed green olives
- + 1 tablespoon chopped chives
- + Salad leaves, to serve

STEP 1 Preheat a chargrill or barbecue to moderate. Add sausages; cook and turn for 3-4 minutes or until seared. Cool slightly. Cut each sausage into 4 equal pieces. STEP 2 Cut onions in half, cut each half into 6 chunks. Thread each skewer with 4 pieces of sausage, 4 pieces of fresh capsicum and 3 pieces of onion, alternating each. **STEP 3** Spray skewers with oil. Add skewers to preheated grill; cook for 10-12 minutes or until browned and cooked. Set aside. STEP 4 Spray potato with oil. Add to grill; cook, turning, for 6-8 minutes or until brown and tender. Place in heatproof bowl. STEP 5 Combine vinegar, olive oil and mustard in a screw-top jar; shake. Pour over potato; season. Add chargrilled capsicum, olives and chives; toss. Serve with skewers. H+

+ Before use, soak bamboo skewers in cold water for 20 minutes so they don't burn.

MAKEIT YOURSELF GET IT RIGHT FRENCH KISSES

Try your hand at this technique to make delicious colourful macarons.



BASIC VANILLA MACARONS

MAKES 24 (1 QUANTITY)
PREP 40 MINUTES STAND 1 HOUR
CHILL 15 MINUTES
COOK 35 MINUTES + COOLING

55¢ EACH

- + 1% cups pure icing sugar
- + 1% cups ground almonds (almond meal)
- + 4 eggwhites
- + Pinch cream of tartar
- + ¼ cup caster sugar
- + 130g white cooking chocolate, broken into pieces
- + ¼ cup thickened cream
- 1 teaspoon vanilla extract with seeds

STEP 1 Preheat oven to 150°C/130°C fan-forced. Using a pencil and a 20cm coin as a guide, mark 16 discs on each of three large pieces of baking paper. Turn paper, pencil-side down, to line three separate baking trays. Process icing sugar and almond meal in a food processor until combined.

STEP 2 Using an electric mixer, beat egawhites and cream of tartar in a large, dry, clean bowl until soft peaks form. Gradually add caster sugar, beating well after each addition, until mixture is thick and glossy, and sugar has dissolved. Fold in icing sugar and almond mixture until just combined. Spoon meringue mixture into a piping bag fitted with a 1cm plain nozzle. STEP 3 Pipe mixture onto prepared trays. Using a slightly damp finger, level tops. Stand for 1 hour. Bake macarons, in batches, for 10 minutes or until they have risen slightly, are dry to touch and have formed a "foot". Remove from oven. Cool completely on trays (macarons will firm slightly). STEP 4 Place chocolate and cream in a heatproof bowl over a saucepan of simmering water (don't let base of bowl touch water). Cook and stir for 3 minutes or until melted. Stir in vanilla. Chill for 15 minutes or until thick and spreadable. Sandwich macarons with chocolate filling.

Variations...

JAFFA

MAKES 24 PREP 40 MINUTES COOK 35 MINUTES + COOLING

52¢ EACH

- 1 quantity Basic Vanilla Macaron mixture (see recipe, left)
- ◆ 1½ teaspoons finely grated orange zest
- + Orange food colouring
- + 130g dark chocolate melts
- + ¼ cup thickened cream

Prepare Basic Vanilla Macaron mixture as recipe directs, adding zest and orange colouring in step 2. Meanwhile, place melts and cream in a heatproof bowl over a saucepan of simmering water (don't let base of bowl touch the water). Cook and stir for 3 minutes or until melted and combined. Cool, then chill for 15 minutes or



ESPRESSO & HAZELNUT

MAKES 24 PREP 40 MINUTES COOK 35 MINUTES + COOLING

58¢ EACH

- 1 quantity Basic Vanilla Macaron mixture (see recipe, left)
- + 1% cups ground hazelnuts (hazelnut meal)
- + 130g white cooking chocolate, broken into pieces
- + ¼ cup thickened cream
- + 3 teaspoons cooled espresso coffee
 Use hazelnut instead of almond
 meal. Place chocolate and cream
 in a heatproof bowl over a saucepan
 of simmering water. Stir for 3 minutes
 or until melted and combined. Remove
 from heat and stir in
 coffee. Cool; chill for
 15 minutes or until
 thick and spreadable.

PISTACHIO & SPICE

MAKES 24 PREP 40 MINUTES COOK 35 MINUTES + COOLING

74¢ EACH

until thick and

spreadable.

- + 1 quantity Basic Vanilla Macaron mixture (see recipe, left)
- 200g unsalted pistachio kernels, processed to crumbs
- + Green food colouring
- + 130g white cooking chocolate, broken into pieces
- + ¼ cup thickened cream
- + 1½ teaspoon ground cinnamon
- + 1/4 teaspoon ground cardamom

Using pistachio crumbs instead of almond meal and add green colouring. Place chocolate, cream and spices in a heatproof bowl over a saucepan of simmering water. Stir

for 3 minutes or until melted. Cool; chill for 15 minutes or until thick and spreadable.



RASPBERRY

MAKES 24 PREP 40 MINUTES COOK 35 MINUTES + COOLING

53¢ EACH

- 1 quantity Basic Vanilla Macaron mixture (see recipe, left)
- + Pink food colouring
- + 130g white cooking chocolate, broken into pieces
- + 1¼ cup thickened cream
- + 1½ tablespoons raspberry jam, strained

Prepare Basic Vanilla Macaron Mixture, as recipe directs, adding pink colouring with icing sugar and almond mixture, to end of step 3. Place chocolate and cream in a heatproof bowl over a saucepan of simmering water (don't let base of bowl touch the water). Stir for 3 minutes or until melted and combined. Stir in jam. Chill for 15 minutes or until thick and spreadable. Sandwich macarons with chocolate filling.

- + Dissolving Make sure the caster sugar is well dissolved in the eggwhites. To test, pinch meringue: if it feels grainy, keep beating until smooth.
- + Tinting mixture Don't add too much food colouring: the liquid will loosen the mixture too much.
- + Storing macarons Keep assembled macarons in an airtight container in the fridge for up to 2 days.

homes + ADVERTORIAL



in every home

A living room library wall, office organisation, shoe drawers and spare room shelving are just some of the ways you can use the IVAR range. There are pieces to suit every budget, and the pine can be painted or oiled to suit your home's style.



IVAR unit with cabinet in Pine (H174cm x D30cm x W179cm), \$315; IVAR unit in Pine (W89cm x D30cm x H179cm), \$93. IVAR prices before discount.

Personalise your STORAGE

Stack, stash and store your stuff with the clever IVAR storage furniture system

Need more space at home? The IVAR storage furniture system from IKEA is designed so you can combine different pieces to suit your needs. Whether it's for a kitchen pantry or kids playroom, the combinations are myriad with shelves, drawers and cabinets that you can build upwards and outwards. Style with ease!

CONNECT WITH IKEA | f | 0 | T | t

See the range in-store or visit IKEA.com.au/IVAR





REFORE & AFTER

(READERS' EXPERIENCES, TIPS & BUDGETS)



THIS MONTH THE "BEFORES AND AFTERS" OF A MASTER BEDROOM MAKEOVER





MEET AMY & PETER

About us I'm Amy and I live with my husband, Peter, and our children, May (3½ years) and Gus (21 months). We live in a split-level home in Bilgola Plateau, NSW, which we fell in love with and bought almost three years ago.

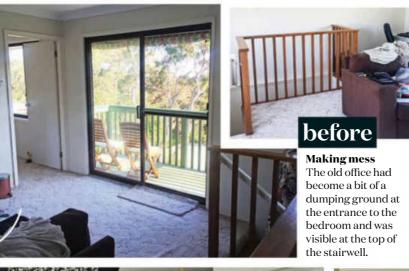
AS THIS IS THEIR "FOREVER" home, Amy and Peter have always looked to the future and hoped to one day turn a badly designed upstairs office and adjoining cramped bedroom into an intimate and welcoming private space. Time constraints and two young children have meant that the couple have struggled to tackle their bedroom

dilemma – until now.

With the help of The Living Room's Barry (Baz) DuBois, their second floor has been transformed into a beautifully decorated and organised open space that meets all their needs and wants. Barry's layout turned the existing office into a space that became the new bedroom, complete with a cosy reading nook and built-in shelves, while the old bedroom has been transformed into a luxurious dressing room. A wall around the stairwell creates privacy and a new passageway now links the two rooms for easier access. Now the whole top floor is a fabulous parents' retreat! H+ Catch The Living Room, 7.30pm Friday on TEN.













homes+ RENOVATOR

OF THE YEAR

Thanks to all the readers who entered our comp to become Renovator of the Year! We've managed to narrow down the field of entries to these 12 finalists. Keep an eye out for the winners in our next issue, and enter next year for your chance to appear in the pages of *homes+*.

LIVING AREA

Ashlea Kerr QLD



Anna English NSW



Anna English NSW



Chelsea and Toby Jaremus QLD



Stacey Collins NSW



Sarah James QLD

DINING AREA



Rhiannon Stone NSW



Hilary Baldwin NSW



Amanda Basa VIC



Ashlea Kerr QLD

STORAGE SOLUTION



Sascha Maynard VIC



Brodie DeBono NSW

STAY TUNED FOR THE WINNERS IN OUR APRIL ISSUE!





Freedom is knowing you made the right choice.

Check online for our monthly offers.

MyFreedom members save an extra 5% on kitchens. Joining fee applies.

Kitchens made easy - we come to you. Book your free in home design appointment now. Call 1800 113 733.



STYLIST HOUSE CALL

WIN A \$1000 MAKEOVER

With some decorating know-how and a whole lotta new product, our stylist Imogene **revamped this playroom**.





STYLIST AT WORK

Take a look behind the scenes of some of our latest stylist house calls.

YouTube.com/ homesplusmag

> TEXT SAMANTHA BRENNAN PHOTOGRAPHY JAMES HENRY STYLING IMOGENE ROACHE

WHEN HELEN NOBLE CONVERTED

her garage into a playroom for her three daughters, it was done for practical reasons: a place to store their toys. She also wanted to create a space where her eldest daughter, Madeline, 8, could do her homework. Once the room was ready to use, Helen found herself stuck on styling. "Some people have that flair, but I can be that person that looks at a blank wall for years," she says.

The verdict

Our stylist, Imogene, created a bright, fresh room with nooks for all the girls. "The kids find it relaxing but they each have their own little corner or space where they can play or draw," says Helen. "I love the desk and chalkboard with paper roll. It creates hours of endless play and colouring in. It's their pretend school and they love playing teachers." #+



"I love the wall stickers – a great concept and a quick change to make."



FOR THE WALLS Cloud **clock**, \$5, from Target. Flag **canvas print**, \$6, from Target. FUNKY CHUNKY Knitted ottoman, \$29, from Kmart. TAKE A SEAT 1x Frosta **stool** in Yellow, \$29.99, and 2x Frosta **stools** in Birch, \$14.99 each, from Ikea. ON WHEELS Råskog **trolley** in Turquoise, \$79, from Ikea. FUN POPS Mod Geo **cushion**, \$15, and Hold It **pot**, \$10, from Target. CUSHY SPOT 2 x Foil Spot **cushions**, \$10 each, from Kmart.

HELLO YELLOW Rectangular metal frame **basket**, \$10, from Target.

after Made for play! Repeat shapes Måla **easel**, \$29.99, throughout the room. Here, circles and paper roll, \$7.99, **chalks**, \$1.99 for 10, and whiteboard **markers**, \$5.99 for 4, from Ikea. total makeover cost:



ON THE SHELF Valje **shelf unit**, \$145, from Ikea. SOFTLY, SOFTLY Ådum **rug**, \$79, Sanela **cushion cover**, \$10, from Ikea. NEAT TABLE Bjursta extendable **table**, \$129, from Ikea. TAKE NOTE Särskild **notepad**, \$4.99, and Kvittra **boxes with lid**, \$14.99 for 25cm, and \$7.99 for 15cm, from Ikea. HANDY HAMPER Metal laundry **basket**, \$15, from Target. STORE & ORDER Moppe mini chest of drawers, \$19.99, and with inner cushion pad, \$4.99, from Ikea.

TIME FOR BED



SSS



DOUBLE DELIGHT Barn single **bunk**, \$398, from Super Amart. Converts to two beds.



SLEEP & STORE Miki single **bed**, \$429, from Fantastic Furniture. Built-in storage and steps.

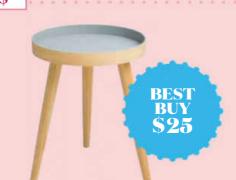


ROOM FOR THREE Aztec Trio **bunk** in White, \$1249, from Forty Winks. Also available in Walnut.



A G

0



RETRO COOL Stockholm **side table** in Grey, \$25, from Kmart. Tray design keeps everything secure.



EARTHY TONES
Hyacinth **3-drawer unit**\$45, from Target.
Bedside storage with a natural finish.



FANCY FRENCH
Marguerite **bedside table** in Black,
\$149, from Early Settler.
Also comes in Soft Pink or White.







VALUE ADD Ranarp **pendant lamp** in Off White, \$29.99, from Ikea. Matching wall, table, floor lamps available.



INDUSTRIAL EDGE
Austen ceiling **pendant light** in
Concrete, \$79.95, from Freedom.
Finished in raw, unpolished concrete.



NATURAL ACCENT Husk **pendant light** (27cm) in Matt Black/ Ash, \$129, from Beacon Lighting. Three other sizes and shapes available.

Turn your sleeping space into an organised **oasis of calm** with our selection of beautiful beds, smart storage and lovely linen.







\$\$\$

Premier queen **bed**, \$199.95, from Super Amart. Plenty of room for storage underneath.

MODERN LINES
Malm queen **bedframe**,
\$359, from Ikea.
Sides adjust to suit mattress heights.

SOLID PIECE Kingston queen **bed**, \$699, from Fantastic Furniture. Would suit an urban or coastal style.



RUSTIC ELEMENT Hayman 5-drawer **tallboy**, \$249, from Fantastic Furniture. Matching beds and drawers also sold.



NEAT & SIMPLE
Mandal **chest of drawers**,
\$349, from Ikea.
Should be fixed to wall for safety.



ON DISPLAY
Industrial 5-drawer **tall chest**,
\$699, from Super Amart.
Large unit made from reclaimed pine.



ZIG ZAG Miles queen **quilt cover set**, \$22, from Kmart. Made from a cotton/polyester blend.



KEEP IT NEUTRAL Criss Cross queen **quilt cover set**, \$59, from Target. In soft cotton with a reversible design.



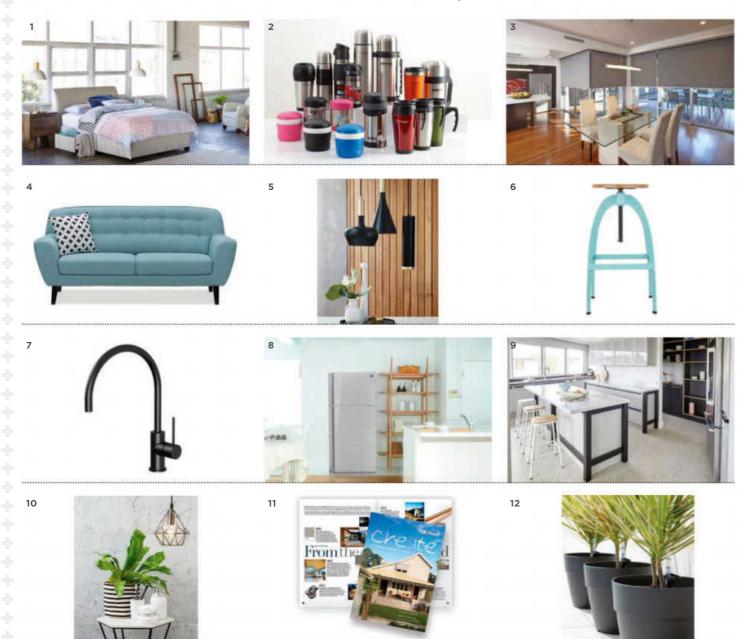
NATURAL SHADES

Mercer + Reid Riley queen **quilt cover**set in Linen, \$99.95, from Adairs.

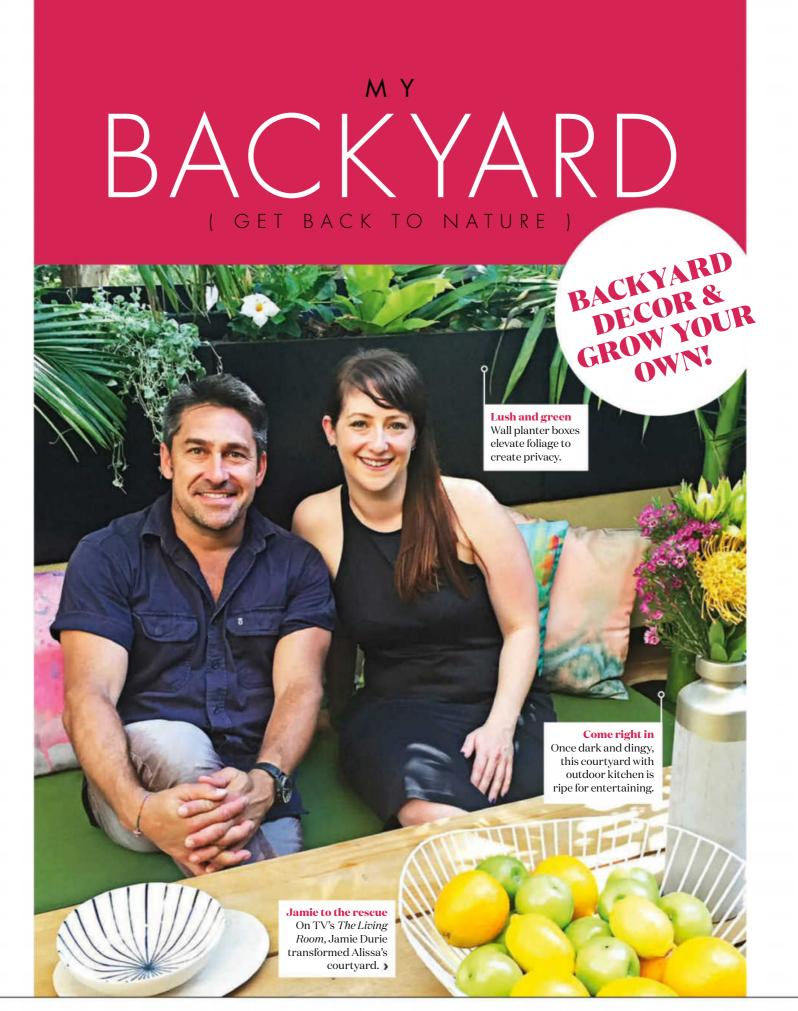
Also sold in White or Charcoal.

NEW THINGS

Enhance the look and feel of your home with these **beautiful new products**



1 HARVEY NORMAN The simple design of the Jett bed provides a contemporary look for any bedroom. With in-built drawers, the design offers functionality and ample storage; Harveynorman.com.au 2 SPOTLIGHT Get your Thermos! Engineered construction to keep foods and liquids the perfect temperature – warm or cold; Spotlight.com.au 3 LUXAFLEX* Qmotion operates blinds by smartphone, tablet, remote control or by hand; Luxaflex.com.au 4 SUPER AMART Bring back that retro vibe with the James sofa from Super Amart. It's available in Blue, Charcoal, Pistachio and Tangerine; Superamart.com.au 5 BEACON LIGHTING Create a little black magic with these stunningly simple LEDlux Carter, Canteen and Pearson dimmable pendants; Beaconlighting.com.au 6 ZANUI Accentuate your colour palette with the industrial-retro design of the conveniently adjustable Charles Blue bar stool; Zanui.com.au 7 PHOENIX TAPWARE The slim, stylish profile of the Vivid Slimline sink mixer is made from solid brass and features an ONIX matte black finish; Phoenixtapware.com.au 8 SHARP The 581LSJXP580G refrigerator features superior technology that keeps food fresh for longer while also reducing odours; Sharp.net.au 9 THE GOOD GUYS Create your own cafe-cool kitchen by combining textures, surfaces and colours such as gloss cabinetry, backlit doors and Silestone benchtops; Thegoodguys.com.au 10 DOMAYNE Organise your bathroom or ensuite with this range of minimalistic counter top accessories; Domayne.com.au 11 COLORBOND* steel's Create will guide you through the creative process of building with 22 COLORBOND* steel colour choices to inspire your creativity; Colorbond.com 12 NORTHCOTE POTTERY Style and function come together with new Neo self-watering planters which feature a unique indicator to let you know when your plant needs water; Northcotepottery.com



THIS MONTH A COURTYARD MAKEOVER, VEGIE PLANNER & DIY HERB GARDEN



CREATIVE COURTYARD

Tools of the trade There's plenty of room for the cook's essentials - plus a pot of bright native blooms.

Jamie Durie created a **stunning outdoor room** for this Sydney unit. Owner Alissa is over the moon!

"WHEN I WAS BUYING my home eight years ago, finding a place with an outdoor area where I could entertain friends or just relax was important. But I put all my energy into renovating the interiors and neglected the outdoors. The courtyard was quite shaded by trees in the adjacent park, the garden beds were quite shallow, the ground was covered in cracked and dirty tiles and I felt there was unused space that could be opened up. It was a grubby, drab and embarrassing eyesore – and I certainly didn't use it or love it!

I wanted to start with a clean slate, working within the strata requirements of the unit block. But first of all, as the courtyard is nearly always dark, Jamie pruned the overhanging branches back

to the boundary line. Straightaway this let more light into the space. To further brighten it, he suggested a textured ceramic beige floor tile to replace the dark and dull slate. I love how the new tiles reflect the sunshine and make the area look and feel much bigger. Laying them over the existing surface was a smart money-saver – he used a flexible tile adhesive on a clean and level base to ensure the new tiles bonded.

Jamie then fitted a row of planter boxes to the top of the boundary wall. But in keeping with apartment rules (new fittings and fixtures must be removable) they are not permanently attached – each box has two legs which are spaced to slide snugly over the wall. And so they're consistent with



JAMIE'S TIPS

When choosing plants, nothing beats Aussie natives. In this courtyard, Jamie has planted a wide range of natives, including Gristle Fern (Blechnum cartilagineum), which thrives in repens), which has long silver foliage.



Portable garden A cluster of pots provides shades of

green and a pretty

burst of colour.

the existing exterior, Jamie clad them in matching palings. They do seem to disappear behind the paling fence!

Double duty

With a pair of

sturdy stools, the cooking area becomes a bar.

Another clever addition has added colour to the back wall - Jamie covered marine-grade ply panels with exterior fabric and then hung them on the wall. And along the walls a long timber bench, complete with padding, creates comfy seating that I can also use as a day bed.

But the best part would have to be the custom-built outdoor kitchen, complete with barbecue. It doubles as a bar, so it's just perfect for indulging my passions of cooking and entertaining friends outdoors!" H. Catch The Living Room,

7.30pm Friday on TEN.

MEET ALISSA

About me Hi, I'm Alissa Breit and I live



MOVEMENT & SOUND

To add tranquillity to an area, use moving water. A sealed pot or urn with a pump in the centre will form a small spout of water to break the surface and create this effect. Plants that move in the wind is an idea – bamboo is perfect to generate a soft rustle. Birds are also peaceful but use bird-attracting plants/flowers, not bird feeders and seeds, which can get messy with unwanted droppings.



WHITES OUTDOOR TRADITIONAL CLOTH TIE

I always carry a roll of this for jobs where a plant needs tying safely back to a support stake, trellis or just be out of my way while I'm working on something underneath. It's made of soft material that won't damage a plant's trunk under strain.

AUTUMN GARDENING

Our garden expert **Dale Vine** shares his top tips for around the garden.



You may recognise **Dale Vine** from TV's *The Block,* but he's actually a landscaper by trade (and our garden guru!).
You can follow Dale on Instagram: @vineyd

DIG IN **Trowel** and **fork**, \$36.95 each, from Sunnylife.



TOUCH WOOD

Bare wooden handles benefit from **boiled**linseed oil. Rub the oil on with a rag and allow the wood to absorb the first coat before applying more oil. This prevents drying out and splintering.

BED OF ROSES

Remove dead flower heads from roses and give them a light prune to encourage continued flowering. Don't prune too harshly now, just enough to generate new growth. Remember, it will be around six weeks before the next flowers arrive.





GARDEN ADVICE

WEEK 1

Clear away the bedding and remove flowering plants that have gone over. Incorporate some organic matter into the soil, too.

WEEK 2

Plant spring-flowering bulbs (but save tulips for May) in garden beds, through lawns or in pots.

WEEK 3

Take cuttings of your favourite roses. They should root and be ready to transplant next autumn.

WEEK 4

Transfer tender perennials, such as fuchsia and lantana, to a shed or garage and out of frost's way.

Gardening expert **Dale Vine** shares his must-do list for **March**.

WHAT TO DO IN THE GARDEN THIS MONTH

VEGIES THIS MONTH

WEEK 1

Harvest cucurbits, including vine vegies such as cucumber, pumpkin, squash and watermelon.

WEEK 2

Prevent powdery mildew forming on leafy vegies by only watering at the base of the plant.

WEEK 3

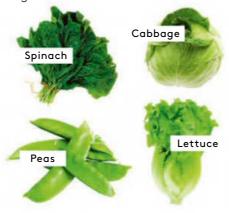
Dig compost and manure into the vegie patch or place on the surface with worms to distribute nutrients.

WEEK 4

Before harvesting watermelons, test by giving a knock with your knuckles and listen for a dull thud.

PLANT NOW

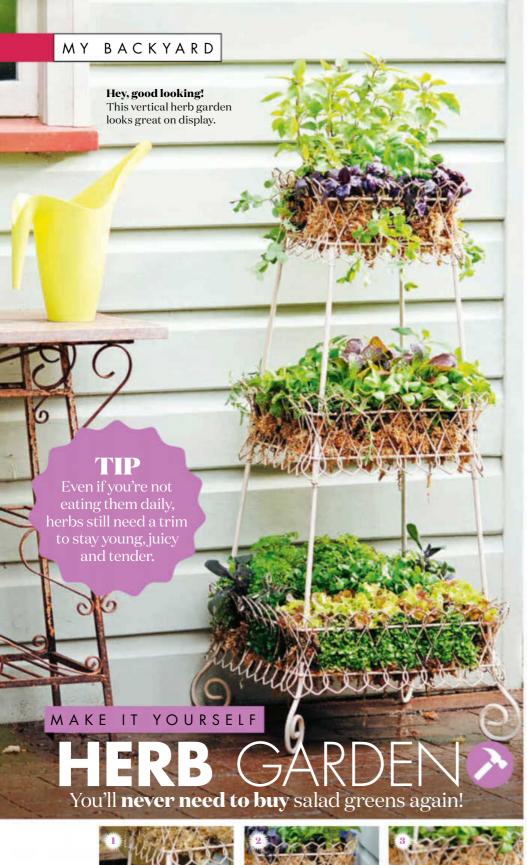
Asparagus, cabbage, garlic bulbs, lettuce, onion, parsnip, peas, silverbeet and spinach can all be planted now. A lot of the vegies available to sow in March will stay to their own areas and not invade the rest of your patch, which means you will have more room to grow more varieties.



HARVEST NOW

Asparagus, beans, capsicum, chives, cucumber, eggplant, pumpkin, squash, watermelon and zucchini can all be picked now. Harvest cucumber, squash and zucchini while they are young – the bigger their fruit becomes, the more watery they will get and lose their flavour. ***











FANCY BEING YOUR OWN

GREENGROCER? Herbs and salad greens are easy to grow at home, even in an apartment, so long as you have a balcony. If you want to grow more than a few types of herbs, it's worth buying a simple wire stand (or if you can find one, an ornate wrought-iron stand like the one we used here). You can plant your herb garden directly into it, and the vertical arrangement saves space. A layer of sphagnum moss stops the potting mix falling out and also acts like a sponge, holding moisture (this kind of moss can hold 20 times its own weight in liquid). That way you don't have to water too often. The high levels of zinc occurring naturally in moss will also keep your herbs' roots healthy. YOU WILL NEED SPHAGNUM MOSS, \$10.48 FOR 150G BLOCK, MIRACLE-GRO ORGANIC CHOICE VEGETABLE & HERB POTTING MIX, \$8.90 FOR 25-LITRE BAG, AND ASSORTED HERBS, FROM \$3.25 PER PUNNET, ALL FROM BUNNINGS. WROUGHT-IRON STAND, ABOUT \$150, FROM GARDEN CENTRES.

STEP 1 Line the base and sides of each tier with sphagnum moss - you'll need about two bricks for a stand this size. Scatter over a handful of potting mix that has been specially formulated for herbs. When you go to choose your herb varieties, remember that not all herbs are permanent plants. Some, such as basil – we used purple and green - die off over winter, so planting these at the top of the stand will mean it's easier to replace them. Plant snow peas (an annual as well) around the perimeter so they can trail down and twine around the stand as they grow. **STEP 2** Plant more cascading herbs including prostrate rosemary on the middle tier, positioning them around the border so they can trail down easily. Also plant rocket and purplefoliaged Asian mustard in this tier. STEP 3 Plant salad greens in the bottom tier. It won't receive as much sun (due to the tiers above shading it), so use more shade-tolerant plants such as watercress, perpetual lettuce, French parsley and mint. Plant peppermint sideways around the border to form a wall of fragrant leaves. H.

DIFFICULTY RATING CHART

> EASY AS 1, 2, 3

A BIT HARDER

>>> GET A FRIEND TO HELP YOU



TRY YOUR HAND AT DESIGNING AUSTRALIA'S IDEAL HOME

SUBMIT YOUR DESIGN FOR THE CHANCE TO WIN \$25,000





WWW.MYIDEALHOUSE.COM.AU

PLATINUM SPONSORS:

GOLD SPONSORS:











*The My Ideal House design competition will take place in two phases. Phase 1 commences on 1 February 2016 and closes on 6 March 2016. Phase 2 commences on 14 March 2016 and closes on 6 April 2016. Open to Australian residents 16 years and over. All participants who proceed to Phase 2 will be required to sign a confidentiality deed in favour of Mirvac Homes (NSW) Pty Ltd (Mirvac). Participants who elect to work with Mirvac to develop their design for submission at the end of Phase 2 will need to sign a mentorship agreement with Mirvac. All information contained must be read in conjunction with the 2016 My Ideal House Competition Terms and Conditions. The Promoters are Mirvac and Bauer Media Pty Limited.



Value Collection Street Scene, Grey



Now you can have your new carpet, fully installed, in three easy steps. Just choose your colour and style from our collections, tell us how many rooms you want carpeted and we'll arrange the installation from as low as \$450*per room. For more information head to your local Bunnings Warehouse, call **1800 099 999** or search **Bunnings carpet Q**

*Based on Street Scene Carpet. Offer not available in WA or NT. Conditions apply, see bunnings.com.au for details.





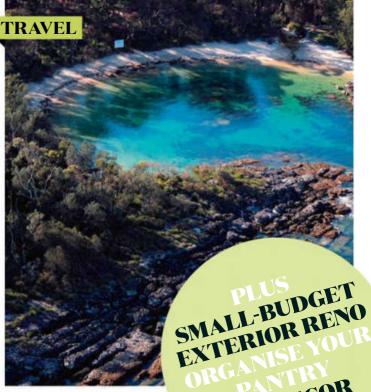


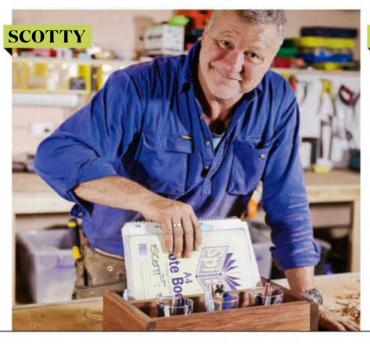
PLUS

LOADS MORE

(TRAVEL, HEALTH, ADVICE & DIY)









THIS MONTH TOP TEETH TIPS, WHITE PAINT GUIDE, SCOTTY'S DIY & DISCOVER JERVIS BAY



THERE ARE GREAT HOLIDAY

destinations, and then there are those that leave you wondering if maybe there is a heaven on earth. With iridescent turquoise water that laps calmly at beaches credited with having the world's whitest sand, Jervis Bay fits safely in the latter category – and it's just a three-hour drive from Sydney.

The bay itself is a 102 sq km drowned river valley formed some 15,000 years ago at the end of the last ice age. A protected marine park, Jervis Bay is the year-round home of playful dolphins and a temporary resting place for migrating whales between June and November. There are several cruise companies that will get you up close and personal with these marine giants, while also enabling you to take in the beauty of the coastline from sea level. Jervis Bay is rich in marine life

and is considered one of the best dive locations in NSW, with several local dive operators to choose from.

Booderee and Jervis Bay National Parks fringe the bay, offering fantastic coastal campsites and scenic hikes. The area is serviced by a string of seaside villages where you'll find a range of accommodation options to suit all budgets, from glamping in luxury permanent tents, to stylish B&Bs and family-friendly self-contained beach houses. The towns of Callala Bay, Huskisson, Vincentia and Hyams Beach offer cafes, restaurants and shops, while further afield you'll find larger supermarkets and services in Ulladulla.

Whether your perfect holiday entails non-stop activities or sitting beside a quiet beach watching crimson rosellas and rainbow lorikeets, Jervis Bay delivers in spades. ••





FOR FRIENDS: SEAFARERS COTTAGES, CURRARONG

Owned by a creative couple with a shared passion for beach shacks, these three stylishly restored, selfcontained cottages sleep two to seven people, in the heart of coastal fishing village Currarong. From \$220 a night.

Southcoastescapes.com.au



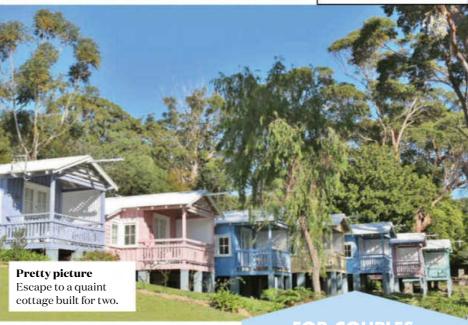
ONE Explore the bay's dramatic coastline by boat on a dolphin/whale-watching cruise.

TWO Hire a kayak and a snorkel, and find your own private beach from which to explore the abundance of the Jervis Bay

THREE Take a coastal hike through the Booderee National Park, and check out the mysteriously "cursed" Cape St George Lighthouse ruins.

FOUR Hire a pushbike and explore cafes and shops of the charming coastal villages of

FIVE Go for a scenic drive through the hinterland behind the bay, making sure to pencil in both Kangaroo Valley and Berry for boutique shopping and great dining options



FOR ADVENTURERS: BOODEREE NATIONAL PARK

A pristine coastal wilderness with some awesome campsites. Try Green Patch for car-based camping beside calm waters (don't mind the friendly lorikeets and kangaroos), while Caves Beach is a stunning surf beach with a walk-in campsite. Campsites start from \$27 a night for a family of four.

Parksaustralia.gov.au/booderee/plan/camping.html

FOR FAMILIES: HAYES BEACH HOUSE, CALLALA BEACH

A self-contained three-bedroom home that sleeps up to eight and is a stone's throw from the beautiful and very safe Callala Beach. Pet-friendly and very kid-friendly, with plenty of toys and bikes for the youngsters. From \$205 a night. Hayesbeachhouse.com

Paradise found! The crystal-clear, calm waters make Jervis Bay a great spot for swimming.

FOR COUPLES: HYAMS BEACH SEASIDE COTTAGES

PLUS TRAVEL

Originally built as fishermen's cabins in the 1920s, these north-facing cottages are a minute's walk from the white sands of Hyams Beach. Exclusively for couples and solo travellers, each is kitted out with a kitchenette and some come with a spa bath. From \$200 a night. Hyamsbeach seasidecottages.com.au





They need to last a lifetime, so keeping your **teeth** in **tip-top condition** is simply smart. Here's how.

WE OFTEN INVEST in our future by saving money, buying a house or planning for a family, however there is one area for which we generally do very little planning – caring for our teeth. You'd think that we would focus on making sure they are clean, filling free and well kept, but there are many of us who fall short in this department. At least, that's the opinion of Sydney dentist Dr James Cooke (Shoredental. com.au). He says there is very little

that surprises him about people's teeth – he's seen it all – but adds that he has noticed there is more tooth erosion nowadays than ever before. "I find it difficult to understand why people don't keep their teeth healthy when it's a pretty straightforward task. The amount of erosion does sometimes shock me. I have young patients in their early 20s, often male, and their teeth are heavily eroded – it's so prevalent," he says.

Prevention

20s & 30s

Cooke says this age group isn't great at caring for their teeth. He says individuals may have had good dental care growing up, thanks to their parents, but once children leave home to study or work, for example, standard tooth maintenance like brushing and flossing can become less of a priority. "Dental care can fall off the radar," Cooke says. "You often have a lifestyle in this age group where you're studying and eating a diet high in sugary carbonated drinks, mixed with a diet high in refined carbohydrates, sports drinks and alcohol. From a dentist's point of view, this is a terrible mix."

Cooke say that younger people often think visiting the dentist is expensive, but it doesn't have to be. "It can be as little as \$200, especially with private health insurance," he says. Visit the **dentist at least twice a year** in your 20s as it will be less expensive than trying to fix erosion or gum disease later on in life.

TIP

MORE THAN
30 PER CENT OF
AUSTRALIANS ADMIT
THEY ONLY BRUSH ONCE A
DAY*. FOR HEALTHY TEETH,
BRUSH THOROUGHLY
TWICE A DAY AND
FLOSS DAILY,
TOO.



TOP TEETH TIPS

Dentist Dr James Cooke shares his expert advice for healthy teeth.

DIET One of the cornerstones of dental health. My advice would be to only have three meals a day; try not to snack. Eat plenty of leafy green veg, salads, lean meats and fish, nuts, legumes, foods high in calcium such as yoghurt, and drink lots of water. Avoid sugary and carbonated drinks, as well as foods high in refined carbs.

SMOKING There's a link between smoking and oral cancers. Plus, it's one of the highest risk factors for developing gum disease, and, of course, staining of teeth.

FLOSSING Important for every age group. Floss every night before brushing your teeth. It can have a big impact on dental health as it helps wipe clean the surface between your teeth.

BRUSHING Gently brush twice a day: reach to the back of your mouth, and make sure you cover the whole area of your mouth, top and bottom, including your lower and upper gums. Don't forget the sides of your teeth – the forgotten area of cavity prevention.

BRUXISM [TEETH GRINDING]

If you grind, it's probably only for up to 10 minutes a night but this can cause tooth attrition (loss of tooth tissue). I recommend a full-coverage night guard for the top teeth to wear while sleeping.

DRY MOUTH Saliva production is very important to maintain healthy teeth. Chewing sugarless gum or using an atomiser (like Evian water) are ways to promote saliva production.

GUM DISEASE Gingivitis is where your gums become inflamed and can lead to bleeding when you floss or brush too aggressively. It is a reversible condition. The more serious gum disease is periodontitis, where the gum level drops and the tooth looks longer and becomes more mobile. It is very common but often goes undiagnosed and as a result is the main cause of tooth loss.

Whitening woes

30s & 40s

Did you know...

and susceptible to

wine and coffee.

Bleaching your teeth can

make them more porous

staining, so limit the red

As you enter your 30s and 40s, you may find that you want to start making sure your teeth stay white as you notice **stains** or discolouration. However, Cooke is not a fan of using teeth whitening toothpastes on a daily basis. "Whitening toothpastes in general can be very effective for people who have heavy staining, for example, smokers and heavy red wine drinkers, but for the population as a whole, regular bi-daily use is unnecessary and can cause increased abrasion of teeth with prolonged use. A standard toothpaste is a much better daily choice," he says. "If you have a check-up with your dentist, it's likely they will give your teeth a good clean anyway, and if it is something important to you, ask them what they can offer in relation to cosmetic whitening."

DRINKING LEMON
AND WATER IS GOOD
FOR DIGESTION, BUT THE
HIGH ACIDITY CAN SOFTEN
TOOTH ENAMEL.
BRUSHING STRAIGHT
AFTER EXACERBATES
THE PROBLEM.

40s-PLUS



Cooke says people may go for their annual check-up for decades without any significant change but then get a rude shock as problems begin to accumulate. Medications, such as those for high blood pressure or osteoporosis, can be a cause of these problems as they have a significant effect on teeth. "Anyone aged 40-plus who is put on certain medications can have a **dry mouth** and this can play a part in tooth decay as your saliva acts as a protective barrier," Cooke explains. When you're prescribed a medication ask your doctor what the side effects are and whether they can play havoc with your teeth. For healthy teeth, it's important to maintain a balanced diet, especially important for those in the 50-plus age bracket. Cooke says a priority is to keep your teeth rather than having dentures. "I would urge older Australians to protect their teeth. Those with dentures may find they can't eat properly and their diet tends to fall by the wayside, which is not advisable." H.



FACE VALUE

Cherie Barber explains how she updated an old home.

ONE THING I LOVE about renovating is seeing how decades of deterioration and dubious trends can be eradicated with just a few careful masterstrokes – and in a surprisingly small window. Tiling, painting and rendering are three "veneers" that quickly come to mind, successfully masking a multitude of sins. This project is a prime example of a great cover-up operation.

FRONT OF HOUSE

With its beige bricks, entrance arch and dowdy colour trims, this house was an Eighties classic. The only access to the entry porch was via the driveway, the garden was scruffy, and the lawn looked like it had picked up some of the beige tones from the brick.

ARCH ENEMIES

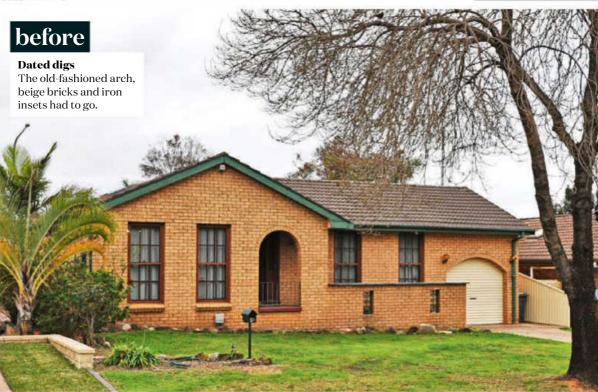
First up, the arch was squared off with an aluminium lintel and the dated wrought-iron insets in the walkway removed. Decades were stripped off right there! The brick facade was then rendered and painted, delivering the single biggest improvement. It wasn't necessary to do the entire house exterior, which would have been a huge expense, as the focus here was squarely on improving street appeal. I chose

Room and runs renovatingfor-profit workshops. Cheriebarber.com.au

Cherie Barber is a

renovator on TV's The Living





"It wasn't necessary to do the entire house -the focus was on street appeal."

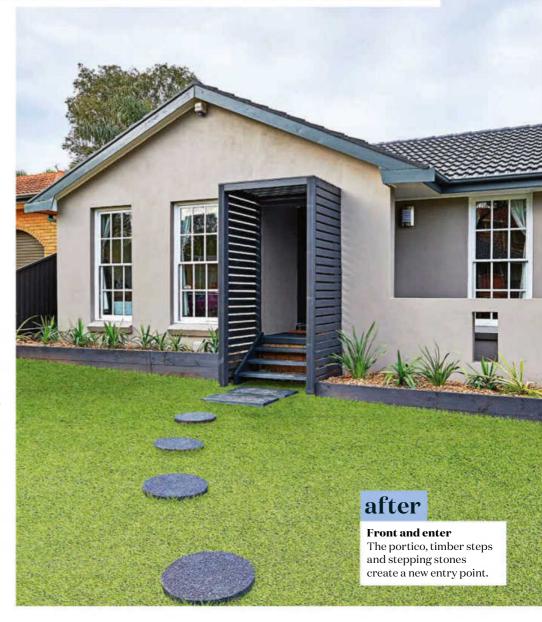
a contemporary colour for the facade and white for the window trims.

MAKE AND ENTER

Now it was time to bring in the carpenter. A simple, treated-pine boxed portico, timber front steps (a kit from Bunnings) and stepping stones form the new main entry. Garden beds fashioned from timber sleepers hold low-lying plants and cypress woodchips.

COLOUR HIGHLIGHTS

I'm a fan of maximum three colours for a facade, so I've chosen a contrasting charcoal for the garage door, roof, new portico, timber sleepers and stepping stones. I tinted paving paint the same deep colour, and used it on the brick driveway. A smart new letterbox and wall lights finish this modest \$8000 makeover, giving this Eighties home a 2016 personality. H+





PERFECT PANTRIES

From walk-ins to pull-outs – **James** shares his ideas for a clever and efficient food storage space.

THE PANTRY gets used so often by everyone in the house that it's an endless battle to keep it organised and ordered (although not for Nigella, who does it effortlessly). Here are some tips to make the most of your pantry, so you, too, can cook in organised bliss!

MAKE EVERYTHING VISIBLE I The best way to prevent everyone messing up your tidy pantry is to make things clearly visible. Try placing all items that are similar to each other in one place, and things that are used most often in line of sight or directly in front. The best shelving is shallow, about 30cm, so things don't get stuck right up the back. If you have deep shelving consider cutting your shelves shorter, and if high, consider adding a second, middle shelf rather than waste the space or stack things up.

O USE THE DOORS Is space a problem? Create extra **storage** on the back of your pantry door. There are shelving options that you can hang off the inside of the door, or try a trick I used in our last house and screw narrow baskets onto the inside instead. It was perfect for all our spices, sauces and packets as they were all easy to see, and they didn't get knocked over or make a mess.

CREATE A WALK-IN PANTRY A walk-in pantry is ideal for storing food and appliances (including those you never use!). If you have one already, consider how effective the shelving is - a little money and one Sunday can change your life! Look to add adjustable flatpack shelving that can easily be added to a cupboard; keep the shelves narrow to allow for easy access to items.



Shelve it Clearjars and narrow shelving help you quickly find what you need.



LABELLING STORAGE Look for a mix of attractive, see-through storage for foodstuffs so you can see quantities at a glance, and your pantry will look bright and fun instead of full of advertising. Use stick-on labels or markers on **plastic** containers or preserving jars, or label the shelf fronts. Use baskets and tubs for larger packages – pick your colour theme, stick to one or two colours and go crazy with pattern and labels. You may not be a celebrity chef, but your kitchen will look perfect! H+

TEXT JAMES TREBLE PHOTOGRAPHY BAUERMEDIASYNDICATI

the ultimate way

appliances and store foodstuffs.

to hide your small



James tells us how to choose a winning colour.

PEOPLE ARE OFTEN AMAZED at

just how many variations there are of white. The reason? All colours have a base, so the light in your home, as well as the colours of your furnishings and accessories, can all affect a paint colour, making it look quite different to how it does on the sample chip. So here are my tips on how to get the perfect white for your home.

HOW DO YOU USE THE SPACE? For a bedroom, look at more relaxing, calming tones - in whites, this usually leans towards slightly creamier or natural hues. A pure, bright white may be too vivid and contrasting for a bedroom, but perfect for the kitchen where you want a more vibrant look.

NATURAL Dulux "Natural White"

CRISP Taubmans "Arctic Ice'

BRIGHT Murobond "Rice Paper"

SELECT & COMPARE Visit a paint store, grab the small sample chips and look at them while moving around to see them in different lights. Place them next to each other - you'll notice the one you liked, when against the others, all of a sudden appears quite green or blue. Colour is affected by its surroundings, so placing the sample chips against each other shows you more of their base colour. Narrow down your whites to four or

O USE SAMPLE POTS

five that you think can work.

Paint small circles, about 8cm wide and close to each other but not touching, of each white sample on at least two walls of the room (one near the window). Write on paper which colour is which so you don't mix them up! Check how they look in morning and afternoon light, and also place a few items against them, such as bedding, artwork or curtains. This should assist you in narrowing down the options to get your right white. H+

BRIGHTER WHITES tend to have a blue base - cool, crisp and bold. Perfect for a contemporary home or higher contrast.

NATURAL OR OFF-WHITES usually have bases of yellow or grey. They tend to be more relaxing and inviting, creating a warmer feeling.

YOU CAN USE A SATIN FINISH for walls, and use the same colour in gloss

for the timber work and trims. The gloss will bounce light and look brighter than the walls, but the base will be the same.

IF YOU HAVE LOTS OF BLUES in your décor, it will pull the blue base out of the colour, so go for warm white to offset this. The opposite goes for natural toned

accessories: offset this with a cool white.

TEP-BY-STEP **DECOR IDEAS**

Update the bedroom, home office or living area with fun and affordable on-trend DIY projects.



DIP-DYED GARLAND >>>

Add a touch of whimsy and movement to a littlie's room with a pretty garland.

STEP ONE Holding one short edge of the cardboard, wind yarn horizontally around the cardboard about 30 times. Cut yarn from ball with scissors.

STEP TWO Cut a 30cm piece of yarn from ball. Thread it under the wrapped yarn at top end of the cardboard. Tie a knot to secure, leaving excess free. STEP THREE Along the other end of the cardboard, cut the wrapped yarn so it separates from the cardboard, and both sides of the tassel are even in length. Discard the cardboard. **STEP FOUR** Measure and cut another piece of yarn about 90cm long. Wrap it

around the tassel, near the top, several

times, then tie a knot to secure. Repeat this process until you have the number of tassels you require (we made eight).

STEP FIVE Submerge each tassel in the water so all long strands get wet, then remove and set aside. Add dye to other jug of water.

STEP SIX Dip the lower two-thirds of each tassel into dye. Set aside to dry. **STEP SEVEN** Thread a wooden bead onto excess yarn at the top of the tassel, and tie to secure.

STEP EIGHT Cut a new piece of yarn to desired length and tie on tassels. Trim off loose threads then hang garland.

IN THE PICTURE Sniglar cot in Beech, \$99, and Vyssa Vinka cot mattress, \$89, from Ikea. IN COT French stripe knot fabric (as sheet),\$5.95 per metre, The Remnant Warehouse. Blanket, \$15, Paddy's Markets. ON WALL Indian blockprint "Pyramids" wallpaper, 1.25 m wide, \$110.50per lineal metre, from Emily Ziz Style Studio. Legendary house shelves, \$10 each, from Cotton On Kids. Diana Baby 110 camera, \$62.95, Leedervillecameras.com.au. Cedar hanger, \$18.95 fotr 4, from Howards Storage World. Girl's tutu, similar available, \$36.95, Cotton On. ON FLOOR Livyn vinyl **flooring**, \$34.95 per m², from Quick-Step. Mirabelle **rug**, 2.25m x 1.55m, \$495, from Matt Blatt. Wire storage baskets, similar available, \$9 each, from Kmart. Cushion, similar available, \$48.90, from Voyager Interiors. FOR PROJECT Moda Vera yarn, from \$5 for 115m, and Arbee round wood beads, \$3.99 for 10, from Spotlight. Jacquard iDye fabric dye in Natural Brilliant Blue, \$10.95, from Eckersley's Art & Craft.



HOW-TO VIDEO

Visit our YouTube channel for weekly DIYs and lots more practical ideas!

YouTube.com/homesplusmag

















PHOTOGRAPHY ANDREW FINLAYSON, JAMES HENRY & MAREE HOMER STYLING JACKIE BROWN, KERRIE-ANN JONES & FIONA MICHELON STYLING ASSISTANTS CORINA KOCH & JACINDA MARTIN

DIFFICULTY RATING CHART

EASY AS 1, 2, 3 A BIT HARDER





FLASK TERRARIUMS >

Take the science out of the lab and into the home with this clever idea that creates a mini garden in a bottle. Only two products to buy!

STEP ONE On a clean surface, carefully **STEP FOUR** Using tweezers, place tip over your pot plant. Gently remove - and retain - some of the soil. Try not to disturb the roots of the plant. STEP TWO Fill a washed flask about one-third to a half full of retained soil. **STEP THREE** Gently separate a portion of the plant. Again, try to keep the roots attached as much as possible.

the portion of plant into the flask - make sure it goes in root-side down - and gently press it down. Repeat with remaining portions of plant until surface of soil is covered. Lightly water plant. Wipe stray dirt off interior of flask if required. Repeat all steps for each flask.

IN THE PICTURE Marquee "Love" light, \$20, from Target. Nerd glasses, \$9.95, and Buffalo journals, from \$14.95 for A6, from Typo. FOR PROJECT Conical glass laboratory flasks, from \$3.30 for 100ml, from Madaboutscience.com.au. Selaginella Green Club Moss pot plant, \$8.43 for 13cm pot, from Bunnings.











YOU WILL NEED Large picture frame; sheet of 3mm plywood cut to the measurements of your frame's backing mount

Write on, wipe off Use coloured or white erasable chalk markers for

easy clean-up.

MEMO BOARD >

Keep on top of what's happening with this smart alternative to the usual noticeboard. **STEP ONE** Carefully turn your picture frame

over and fold back the little tabs that secure the backing mount.

STEP TWO Remove the backing mount and the inner mount from your frame. STEP THREE Place your piece of plywood into the frame. We bought our plywood from Bunnings and had it cut to size. Alternatively, you could use a sheet of foamcore covered with a sheet of nice wrapping paper or fabric. STEP FOUR Fold down the little tabs to secure the plywood and you're ready to start writing! The perspex front included with our frame will function like a whiteboard.

IN THE PICTURE Rowen floor lamp, \$325, and Jarvis stone vases, \$36 each, from Clickon Furniture. Sean Dix single bookshelf, \$595, from Matt Blatt. Rug, similar available, \$80.95, from Temple & Webster. Tassel leather key holder, \$29.90, from Citta Design. Numero vessel, \$39.95, from Freedom. Liberty felt hat, \$24.95. from Rubi Shoes. Tote, similar available, \$10, from Target. Lisa T wire basket, \$5, from Target. FOR PROJECT Ribba **frame** in White, 50cm x 70cm, \$49.99, from Ikea. Premium BC **plywood**, 120cm x 81cm x 2.7mm, \$11, from Bunnings.





STEP SIX Hammer an upholstery nail over staples to

conceal. Wash and oil the board before use.

DAR, 19cm x 3cm x 1.2m, \$16.38, and Romak brass-plated upholstery nails, \$2.98 for 25, from Bunnings. 20mm leather belt length in Natural, \$6.25 for 1.2m, from Birdsall Leathercraft.



AIR PLANT HANGERS

Display an unusual plant in a delicate suspended holder that's quick to create.

of fishing line (about 30cm). Thread strand through three of the 7cm lengths of tubing. Pull strand ends together and tighten so the tubes form a small triangle. Secure strand ends with a knot and cut off excess line for a smooth finish.

STEP TWO Cut three long strands of line (about 50cm each) and tie neatly at one end. Thread one strand through a 23cm length of tubing, leaving plenty of excess line. Repeat with remaining strands and 23cm tubing. Gather the

strands together at one end and tie a knot, so the longer tubes form a tripod.

STEP THREE Attach the small triangle to the longer tripod by tying each end of the exposed excess line to a corner of the small triangle with a knot.

STEP FOUR Again using the excess line, thread a strand through each of the remaining three 7cm lengths of tubing. Secure with a tight knot and trim off all loose threads.

STEP FIVE Position plant at centre of your air hanger's base and suspend from ceiling above head height.

YOU WILL NEED

Scissors; fishing line; %-inch copper or brass tubing; air plant

IN THE PICTURE Capri Wire chairs in Gold, \$249 each, from Life Interiors. Glass terrariums, from \$39.99 each, from Typo. Succelents, similar available, \$6.99 each, from Ikea. FOR THE PROJECT Kembla 1/2-inch copper straight-length tubing (cut to 6 x 7cm lengths and 3 x 23cm lengths), \$12 for 1.5m, Novelty tillandsias air plant, \$10.29 for size C, and Grunt fishing line, \$6.50 for 250m, from Bunnings.













\$3.50, Porta Tasmanian oak dowel, 6mm x 1.8m, \$2.77, and Craftright 15-piece 1/2-inch grommet repair kit, \$6.98, from Bunnings. Natural cord, \$2.99 per metre, from Spotlight.

IN THE PICTURE Studio 2.5-seat sofa, \$999, and Ezra coffee table in Oak, \$449, from

Freedom. Sergio dining chair in Light Grey,

cushion (48cm), \$79.95, from Country Road.

ON TABLE **Potted succulent**, \$39.99 for set

of 3, from Typo. Claude glass vase (40cm), \$49.95, and Athena **vase** in Blue (15cm), \$29.95, from Freedom. IN LEATHER BASKETS Double Dip throw in Peppermint/Charcoal, \$179, from Aura By Tracie Ellis. Books from Ariel Booksellers. ON FLOOR Ferm Living kelim **rug** in Semicircle (1.4m x 2m), \$389, from Designstuff. FOR PROJECT Soft leatherette, \$19.99 per metre (1.5m wide), Spotlight. Standard MDF panel, 90cm x 60cm x 3mm,

\$369, from Life Interiors. ON SOFA Uden



LEATHER DISPLAY BASKET

You're sure to find plenty of uses for this classy storage container.

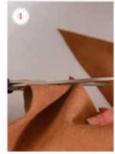
STEP ONE Lay leatherette out, reverse side up. Measure 30cm from one corner in both directions, then join to draw a square. Draw a line to connect corner with joining point, then cut along this line. Repeat on other three corners.

STEP TWO Place MDF board in centre of leatherette, equidistant from each cut point. Along edge of leather to right of board, place one 30cm piece of dowel, then place two 27cm pieces at right angles to join it to top and bottom edges (without touching board), forming a U shape. STEP THREE Use hot-glue gun to attach pieces of dowel to leatherette. Join 27cm pieces to edge piece with a dab of glue. Repeat on leather section on left-hand side of board. STEP FOUR In bottom right-hand corner of leatherette, mark a point 13cm from bottom and 5cm in from side, then cut a 2cm hole using scissors. Repeat on bottom left-hand corner, then top corners. Cut a small circle

5cm from the centre of the bottom edge, then repeat on top edge. **STEP FIVE** Position basket so dowel frames are on sides. Fold centre flap in towards basket and lift right side of basket upright. Place grommet through hole, then lift left side of basket. Lining hole up directly behind first hole, hold secure and push grommet through. Lift centre piece back up and push grommet through again so all three flaps are held together.

STEP SIX Carefully place basket on its side and slide grommet base unit underneath grommet. Place grommet cap over grommet and, using grommet steadying tool, tap with a hammer to secure in place. Repeat on other side. STEP SEVEN Position basket upright and secure flaps in place using bobby pins. Gradually remove pins as you glue flaps down. Repeat for opposite side of basket and loose flaps inside basket. STEP EIGHT Feed each piece of cord through each eyelet. Tie knots at the ends of cord to prevent fraying.















CLOUD DOORMAT

Make an ordinary doormat a fun entry into your home. It's quick and easy to personalise in just a few simple steps.

STEP ONE Turn the matting over. Put one plate on a long edge of the reverse side and trace around it with a pencil.

STEP TWO Repeat with other plates to create a cloud shape.

STEP THREE Cut out the cloud shape with scissors or utility knife.

STEP FOUR Flip the doormat over – it's ready to place outside the door. Clean with detergent and a hose. **H**•

IN THE PICTURE Camo boot, \$39.95, from Rubi Shoes. Fiddle fig tree, \$190, from Seasonal Concepts. Scheurich Panna glazed indoor pot, (personalised with paint), \$29.98, from Bunnings. FOR PROJECT Ideal DIY garage matting, 80cm, \$35.90 per metre, from Bunnings.













MAKE IT YOURS

Bright ideas & big savings daily





COMPETITION

WIN! WIN! WIN! PRIZES TO BE WON

TOTAL VALUE +\$4120

Have fun and deck out your place with these fabulous prizes.



CHALK PAINT BY ANNIE SLOAN

Win 1 of 5 Chalk Paint by Annie Sloan **Mini Project Packs**, valued at up to \$123.95 each. It includes materials to finish a small project such as a chair or bedside table, with two small pots of Chalk Paint, a tin of Clear and Dark Soft Wax and a small pure-bristle brush. Anniesloan.com

PRIZE #4

WINE GLASS WRITER

Win 1 of 30 fun **Wine Glass Writer pen sets**, valued at up to \$18.99 each. Great
for parties, this set of 3 metallic markers
in Gold, Silver and Pinot Red are
non-toxic and will let your guests
personalise their glasses so they can
keep track of their drinks! **Wineglasswriter.com**

VALUE \$18.99



PRIZE #3

MAP COFFEE

Win a fabulous **home coffee machine set**, valued at up to \$531.99, from Map Coffee; including a Bravista Latte+ coffee machine with an integrated one-touch milk carafe, four assorted 10-pack coffee capsules and a Clean Bean cleaning system kit.

Mapcoffee.com.au



PRIZE #2

FRIXION & FANTASTIC FURNITURE

Win 1 of 2 office start-up kits, valued at up to \$284.88. It includes a set of 10 Frixion Ball, Clicker and Point pens, Light highlighters and Colours markers and smart and sleek solid-rubberwood Hayman desk from Fantastic Furniture. Fantasticfurniture.com.au Pilotpen.com.au



PRIZE #5

THE INTERNATIONAL FINE FRAGRANCE COMPANY

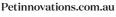
Win 1 of 2 beautiful **candle and diffuser sets**, valued at up to \$269.55 from the Fine Fragrance Melbourne Collection; including five candles and four diffusers in scents such as Fruit Sorbet, Mai Tai, Crisp Linen, Crème Angalise, Wild Frangipani and Café Latte. Finefragrance.com.au



PRIZE #7

PET INNOVATIONS

Win the ultimate hi-tech pet care pack, valued at up to \$414.85, from Pet Vision, with a Pet Vision Live stand-alone camera to monitor and communicate with your furry friend, a Petcam to record daily life from their point of veiw, an Intelligent Pet Bowl to keep an eye on their diet and an electronic flea comb, which kills parasites by electric shock, without harming your pet.







PRIZE #6 GABE & NIX

Win l of 5 gift vouchers from Gabe & Nix, valued at \$100. You could use it to purchase any of their gorgeous, on-trend cushions towels and prints, including the plush Pom Pom Turkish towel (pictured). See more from this new Aussie home and lifestyle brand on their website.



ENTER ONLINE

To win any of these cool prizes, just tell us which one you'd like to win! Visit Homestolove.com.au/homesplus and follow the prompts - you can enter once for each prize.

By entering the competition, you agree to receive homes+ newsletters and marketing communications You can unsubscribe at any time, using the unsubscribe facility within the newsletter. The competition opens 22 February and closes at 23:59 (AEDST) 20 March 2016. Entry is open to Australian residents aged 18 years and over. The draw will take place on 24 February 2016 at 15:00 (AEDST). See Bauer-media.com.au/privacy for Bauer Media privacy policy. The Promoter is Bauer Media Pty Ltd (ABN 18 053 273 546). Authorised under permit numbers: NSW: LTPS/16/00773, ACT: TP 16/00195

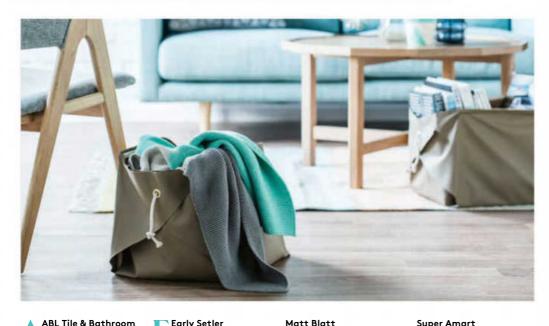
COFFEE BAG ART

Win 1 of 5 sets of 2 Brasil burlap coffee sack cushion **covers**, valued at up to \$100 each. Measuring 50cm x 50cm, these enviro-friendly covers are handmade from authentic, upcycled coffee bags. Etsy.com/shop/CoffeeBagArt

WHERE TO BUY

THE WEBSITES PROVIDED BELOW ARE NOMINATED BY THE SUPPLIER AS THE NATIONAL CONTACT DETAILS FOR LOCATING YOUR NEAREST STOCKIST.

+ INDICATES THAT THE SUPPLIER OFFERS ONLINE OR MAIL-ORDER SHOPPING OR ORDERING



ABL Tile & Bathroom Centre

abltilecentre.com.au +
Adairs adairs.com.au +
Alfresco Emporium
alfrescoemporium.com.au +
Ariel Booksellers
arielbooks.com.au
Aura Home

Aura Home aurahome.com +

Beacon Lighting beaconlighting.

Beaumont Tiles
beaumont-tiles.com.au
Bed Bath N' Table
bedbathntable.com.au +
Birdsall Leathercraft
birdsall-leather.com.au +

Bits & Bugs bitsandbugs.com + Bunnings bunnings.com.au +

Citta Design
cittadesign.com +
Clickon Furniture
Clickonfurniture.com.au +
Cool Galah
coolgalah.com.au +
Cotton On
cottonon.com.au +
Country Road
countryroad.com.au +

Designstuff designstuff.com.au + Domayne domayne online.com.au + Dulux dulux.com.au + Early Setler
earlysettler.com.au +
eBay ebay.com.au +
Eckersley's Art & Craft
eckersleys.com.au +
Emily Ziz Style Studio
emilyziz.com.au

Fantastic Furniture fantasticfurniture. com.au +

Forty Winks fortywinks.com.au + Freedom freedom.com.au +

H&M hm.com/au Harvey Norman harveynorman.com.au + Howards Storage World hsw.com.au +

Ikea ikea.com.au Inside Traders & Co. insidetraders.com.au

Kikki.k kikki-k.com + Kmart kmart.com.au +

Laminex laminex.com.au Life Interiors lifeinteriors.com.au +

Manchester Warehouse manchesterwarehouse. com.au +

Marmoset Found marmosetfound.com.au +

mattblatt.com.au +
Miss Amara
missamara.com.au +

Mosaic Tiles mosaictiles.com.au +

Murobond murobond.com.au + Myer myer.com.au +

My House myhouse.com.au +

Norsu Interiors norsu.com.au +

Officeworks
officeworks.com.au +

Papier D'Amour papierdamour. com.au + Porter's Paints porterspaints.com + Proforma proformastore.com.au +

Quick-Step quick-step.com.au +

Rapee rapee.com.au Rebel Walls rebelwalls.com.au Rubi cottonon.com.au/ rubi-shoes +

Satara satara.com.au + Spotlight spotlight.com.au + Sunnylife sunnylife.com.au + **Super Amart** superamart.com.au +

Target
target.com.au +
Taubmans
taubmans.com.au
Temple & Webster
templeandwebster.

com.au +
The Beach People
thebeachpeople.com.au +

The Good Guys thegoodguys.com.au + The Remnant Warehouse theremnantwarehouse. com.au +

Typo typoshop.com.au +

United Artworks unitedartworks.net + Urban Road urbanroad.com.au +

Voyager Interiors voyagerinteriors. com.au +

West Elm westelm.com.au + Wheel & Barrow wheelandbarrow.com.au +

Zakkia
zakkia.com.au +
Zanui zanui.com.au +
Zara Home
zarahome.com/au/en +
Zazzle Homewares

zazzle.com.au +

WIN A \$1000 MAKEOVER!
Would you like to have a
stylist make a house call?
For an opportunity to get
a \$1000 room makeover,
visit homestolove.com.au/
competitions, complete the
entry form and upload your
pics. If chosen, we'll get in
contact with you to organise
a house call. While you're
there, remember to enter our
monthly prize giveaways for
your chance to win some
amazing prizes!

Bauer Media Privacy Notice

This issue of homes+ magazine, published by Bauer Media Limited (Bauer Media), may contain offers, competitions or surveys which require you to provide information about yourself if you choose to enter or take part in them (Reader Offer). If you provide information about yourself to Bauer Media, Bauer Media will use this information to provide you with the products or services you have requested, and may supply your information to contractors that help Bauer Media to do this. Bauer Media will also use your information to inform you of other Bauer Media publications, products, services and events. Bauer Media may also give your information to organisations that are providing special prizes or offers and that are clearly associated with the Reader Offer. Unless you tell us not to, we may give your information to other organisations that may use it to inform you about other products, services or events or to give to other organisations that may use it to inform you about other products, services or events or to give to other organisations that may use it for this purpose. If you would like to gain access to the information Bauer Media holds about you, please contact Bauer Media Limited, 54 Park Street, Sydney, NSW, 2000.

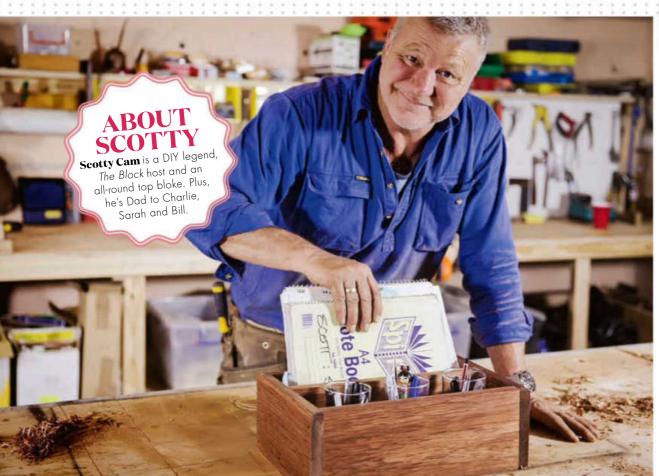
Letters to: homes+, Reply Paid 5252, Sydney, NSW 2000. Printed by PMP Ltd Clayton, 39-49 Browns Rd, Clayton, VIC 3168. Published by Bauer Media Pty Limited (ACN 053 273 546), 54-58 Park Street, Sydney, NSW 2000, (02) 9282 8000. The trade mark homes+ is the property of Bauer Consumer Media Limited and is used under licence. Distributed by Network Services, 54 Park Street, Sydney, NSW 2000, (02) 9282 8777. *Recommended price, homes+. No material may be reproduced in part or in whole without written consent from the copyright holders. Bauer Media Pty Limited does not accept responsibility for damage to, or loss of, freelance material submitted for publication. Allow several weeks for acceptance or return. © 2016 Bauer Media Pty Limited. All rights reserved. ISSN 2203-871X

Subscription sales and inquiries VISIT www.magshop.com.au EMAIL magshop@magshop.com.au CALL 13 61 16, 8am-6pm (EST) Monday-Friday Post Magshop, GPO Box 5252, Sydney, NSW 2000

homes+ magazine is published by Bauer Media Pty Limited

To advertise in homes+ please contact Alison Kirkman at Akirkman@bauer-media.com.au





PLUS DIY













SCOTTY'S DIY

DESK BOX>>>

Is your desk a mess? **Scotty Cam** shows us how to make a **rustic organiser**.

BEGIN WITH TIMBER; PENCIL; RULER; DROPSAW; TAPE MEASURE; ELECTRIC DRILL; SCREWS; SET SQUARE; HANDPLANE; SANDPAPER; STAIN; RAG **STEP ONE** To determine the width of the box, use your largest papers (such as an A4 binder or manila folder) to measure out a length of timber. Mark a line a little past the item selected. Cut at line using a dropsaw. Repeat to make three lengths of timber. **STEP TWO** Arrange the pieces of timber in the size you want the box. Measure to determine the length of

the timber side pieces

(ours are 23cm). Mark lines

and cut out two side pieces.

STEP THREE
Stand two outer timber lengths upright and top with a side piece. Screw into place at top and bottom of each.

STEP FOUR Measure and mark centre points at the top and bottom of side pieces.

STEP FIVE Drill in top screws.

STEP SIX Use a set square to ensure the middle piece is straight, and screw into place at the base.

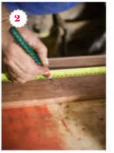
STEP SEVEN Next use a handplane to round the edges of the box.

the edges of the box.

STEP EIGHT Sand to remove any rough edges and smooth the surface. Wipe clean.

STEP NINE Rub box with stain and allow to dry.







I'll do you a deal Check out Scotty's website under "Mates Rates" for great discounts on workwear and books. Head to www.scottycam.com.au

>> A BIT HARDER



Want more of Scotty's DIY projects? Check out our playlist on YouTube. YouTube.com/ homesplusmag

STEP-BY-

SUBSCRIBE & SAVE

SUBSCRIBE TO Nones+

By subscribing to homes+ via auto-renewal, you will pay **ONLY \$6** for your first three issues – **A SAVING OF 60%** off the retail price, and then just \$11.85 every three issues thereafter.

ENJOY THESE AMAZING SAVINGS & CONVENIENCE, PLUS:

- + AVOID big upfront payments
 - + NEVER miss an issue
- + FREE DELIVERY to your home every month

HURRY! OFFER ENDS MARCH 20, 2016!



3 ISSUES FOR ONLY \$6





NEXT MONTH



- * The best and brightest lighting buys
- * Top tips to stress less and stay mindful
- * Get your garden in order for autumn
- Brilliant before-and-after makeovers

AFFORDABLE ALL-AUSSIE STYLE



The better you sleep, the better it is for you. And the better your mattress, the better you sleep. The perfect mattress is the one that's perfectly suited to your body shape, your posture and your sleeping position. You'll know when you've found it. Because from the moment you lie down, you'll feel your muscles relax and your mind grow quiet.

You'll awaken rested and refreshed after the most peaceful, wonderful and blissful s



